


THE NEW JEWISH HOME

AGE LIKE A NEW YORKER

The New Jewish Home is committed to transforming eldercare for New Yorkers so they can live meaningful lives in the place they call home.



“REHAB
SHOULD BE
LIKE ZABAR’S.
YOU’RE IN.
YOU’RE OUT.
YOU’RE HOME.
YOUR HAPPY.”

ALL YOU NEED TO KNOW ABOUT SHORT STAY REHABILITATION

New Yorkers like to get in, get out and get on with their lives.

Unique Patients, Unique Care Plans

Our short-stay rehabilitation program combines expert staff, the finest equipment and the support you need to make a safe transition home. Together, we help you achieve your personal health goals, so you can get home safely and stay well.

Your Care Team

Your skilled care team includes full-time staff physicians and nurse practitioners who provide around the clock care. Physical, occupational, speech and audiology therapists will help you regain the skills you need for your recovery. Our dietitians work with you to adopt the best food plan for you, and our social workers help you continue getting well even after discharge.

Heading Home

Our goal is to get you home safely and ready to continue your recovery there. We work with you before discharge to coordinate home care services, if necessary. Continued physical and occupational therapy at home may be part of your plan to help you return to daily activities. We ensure that you and your family understand your care needs before discharge. If your health ultimately indicates that you’ll need a longer recovery period or are ready for a full-time senior living community, you have a wide range of options within The New Jewish Home network.

Are We Right For You?

We work with people recovering from a wide-range of illness and injuries, and we have several notable specialty areas. These include people recovering from:

- **Hip, knee and shoulder** fractures or joint replacements
- **Coronary bypass, cardiac valve replacement** and other heart or vascular surgeries, including (on our Manhattan campus) left ventricular assistive device placement
- **Gastrointestinal surgeries** and treatments
- **Stroke**
- **Heart attack**
- **Pneumonia**
- **Chronic Obstructive Pulmonary Disease (COPD)**
- **Falls**
- **Cancer treatment**
- **Infections**

Innovative Responsive Care

We have several specialty rehabilitation centers for select recoveries on our Manhattan campus:

- The **Cardiopulmonary Rehabilitation Center**, in collaboration with **NYU Langone Medical Center**, features highly individualized care and advanced technologies.
- The **Center for Advance Rehabilitation Medicine**, affiliated with **The Mount Sinai Hospital**, offers orthopedic rehab to help you get better following elective surgery or a catastrophic event.

At Sarah Neuman, our Westchester campus, we have added the Green House™ model of care, providing a select group of post acute patients with personalized care in a more home-like setting. Our Geriatric Substance Abuse Recovery Program helps older New Yorkers who need medical rehabilitation and have issues with alcohol or prescription drug use.

The New Jewish Home also works across a spectrum of services, including long-term skilled nursing facilities, home care and senior housing, to help New Yorkers regain health and live well in the places they choose to call home.

We are New Yorkers. We're here to help you live life on your own terms, wherever you call home and whatever your care needs.

Now is the right time to get started.

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