

THE NEW JEWISH HOME

AGE LIKE A NEW YORKER

The New Jewish Home is committed to transforming eldercare for New Yorkers so they can live meaningful lives in the place they call home.



“I LOVE MY FAMILY. BUT I NEED TO GET AWAY FROM THEM ONCE IN A WHILE.”

ALL YOU NEED TO KNOW ABOUT OUR ADULT SOCIAL DAY CARE

Spend the day in a caring, engaging and secure environment.

The New Jewish Home’s Adult Social Day Care program combines the independence of living at home with the benefits of joining a lively community. Take advantage of all the program has to offer, while your family members go about their daily lives secure in knowing you are safe and socially active.

The Social Day program includes assistance with personal care, breakfast, lunch and snacks, along with a wide range of activities and wellness programs. Our staff members will be with you at all times as you join in yoga, tai chi and other exercises; falls prevention programs; arts, singing and discussion groups; and field trips. We also offer family support groups and special monitoring for elders with memory issues.

The program is available **weekdays 9:30-2:30** on our **Manhattan** campus.



ALL YOU NEED TO KNOW ABOUT OUR ADULT DAY HEALTH CARE

Join a social community that also attends to your health needs.

The New Jewish Home's Adult Day Health Care program offers safe, caring and engaging "home-away-from-home" day, evening and weekend sessions for those who live at home or with family, and who have chronic health conditions or need assistance with personal care.

We offer a myriad of services that add to your quality of life and your family's peace of mind:

- Healthcare supervision by skilled nurses
- Certified Nursing Assistant for help with personal needs
- Physical, occupational and speech therapists on staff
- Specialized health and wellness programs for those with chronic medical needs
- Medication management
- Telehealth
- Nutritional counseling so you can stay healthy and well-fed
- Social work services, care management and counseling
- Therapeutic recreational activities such as art classes and escorted field trips

The program is available on our **Manhattan, Bronx** and **Westchester** campuses. The Day program runs **Monday-Saturday, 9:30 a.m. - 2:30 p.m.** The Evening program is offered **Monday-Friday, 2:30 p.m. - 7:30 p.m.**

Enhanced Rehab in Manhattan offers restorative physical and occupational therapy in a newly designed space with state of the art equipment. The service helps elders improve mobility, strength and functional ability so they can stay independent. Enhanced Rehab is offered on our **Manhattan** campus

Night Care at Sarah Neuman provides a safe, compassionate place for people with Alzheimer's disease and related dementias to spend the night, so family members can have much-needed overnight relief. The program is offered on our **Westchester** campus **Wednesdays and Thursdays 7 p.m. – 7 a.m.**

We are New Yorkers. We're here to help you live life on your own terms, wherever you call home and whatever your care needs.

Now is the right time to get started.

JewishHome.org

For more information, call or email
(800) 544-0304
connections@JewishHome.org

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