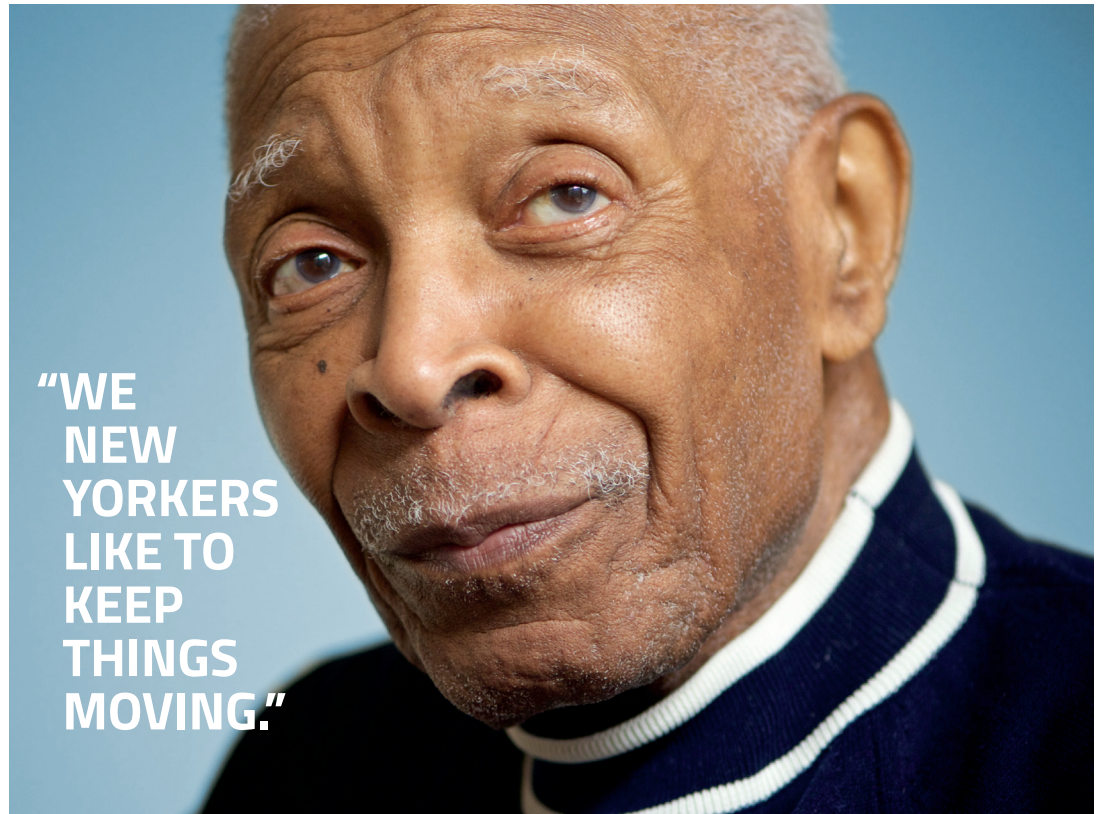


THE NEW JEWISH HOME

AGE LIKE A NEW YORKER

The New Jewish Home is committed to transforming eldercare for New Yorkers so they can live meaningful lives in the place they call home.



“WE
NEW
YORKERS
LIKE TO
KEEP
THINGS
MOVING.”

ALL YOU NEED TO KNOW ABOUT SPECIALIZED SHORT-STAY REHABILITATION

Inspired by the individuals we serve, The New Jewish Home is reimagining short-stay rehabilitation around the evolving needs of New Yorkers. Every recovery is different, and we put together the right teams, the right plan and the right services so you can get home safely and continue to recover there.

Our Specialized Rehabilitation Approach

When it comes to specialized rehabilitation, we have created exciting partnerships to help respond to individual needs with innovative thinking and a high standard of care.

CARDIOPULMONARY REHABILITATION CENTER (MANHATTAN)

Our **Cardiopulmonary Rehabilitation Center**—in collaboration with **NYU Langone Medical Center**—helps you recover and return home safely. Our advanced technologies, such as telemetry monitoring, allow you to see and understand what is going on in your heart during rehabilitation.

NYU Langone’s cardiopulmonary rehabilitation expertise, combined with Jewish Home’s extensive history of skilled therapy and individualized care, provides you with the highest standard of cardiac and pulmonary care.

Our program features:

- An individualized care and transition home plan
- Comprehensive, medical, nursing, rehabilitation and nutrition care services
- Therapy to increase strength and endurance
- Assistance with smoking cessation, if needed

CENTER FOR ADVANCED REHABILITATION MEDICINE (MANHATTAN)

Whether you've had a catastrophic event or are recovering from elective surgery, our orthopedic rehab—in affiliation with the Mt. Sinai Hospital—can help you get better and get home.

The Partnership

The expertise of Mount Sinai's world-class specialists, combined with Jewish Home's extensive history of skilled therapy and individualized care, allows us to provide the highest standard of orthopedic and musculoskeletal rehabilitation in New York.

Our **CARDIOPULMONARY REHABILITATION CENTER** and **CENTER FOR ADVANCED REHABILITATION MEDICINE** offer:

- High nurse-to-patient care ratio
- Multilingual staff and services
- Therapy up to 7 days per week for up to 2 hours per day, based on assessment
- On-site specialty clinics

GERIATRIC SUBSTANCE ABUSE PROGRAM

The New Jewish Home's Geriatric Substance Abuse Recovery Program, the first in the nation, helps older New Yorkers who need medical rehabilitation for alcohol or prescription drug use.

From the moment you are admitted, we assess both your medical and addiction-recovery needs, and provide coordinated care in a supportive environment. The program is led by mental health and certified addiction professionals and includes medical rehabilitation specialists, social work support, and comprehensive psychological care and treatment.

Program features include:

- Team-focused treatment and coordinated care
- Care for co-occurring mental health issues such as depression and anxiety
- Relapse Prevention, to help elders identify and handle relapse triggers
- Dedicated rehabilitation gym for physical and occupational therapy
- Discharge planning and community support

We are New Yorkers. We're here to help you live life on your own terms, wherever you call home and whatever your care needs.

Now is the right time to get started.






MANHATTAN

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JewishHome.org

**For more information please
call or email: (212) 870-4715
Manhattan_Admissions@
JewishHome.org**



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