



Sarah Neuman

## VOLUNTEER OPPORTUNITIES AT SARAH NEUMAN

The New Jewish Home, Sarah Neuman, provides skilled nursing care for elders, as well as short-term care for those recovering from a recent hospitalization. We are very proud of the many volunteers who provide their time, talent and that "special touch" for those residing here.

We welcome families, teens and adults to volunteer with recreational activities as well as provide ongoing support in various departments. Volunteers forge strong and meaningful bonds with the seniors and often learn new skills. Volunteering can be extremely rewarding knowing the difference you are making in the lives of others. Following are some of the ways in which volunteers participate. Of course, you may have some ideas of your own!

- Assisting in painting, crafts and ceramics programs
- Playing checkers, cards and board games with the elders
- Playing a musical instrument
- Bingo: assisting an elder or calling the numbers
- Playing computer games (we have a selection!)
- Helping an elder use a computer
- Assisting with religious services
- Reading to elders
- Pet visits with your friendly dog or cat
- Escorting to and from our physical therapy department

What is required?

We request that youth volunteers make a commitment of at least 40 hours, and adult volunteers make a commitment of at least 60 hours. This can be done over a period of time – an hour or two each week. Schedules can change periodically to fit the needs of the volunteer; for example, some youth volunteers have more time to volunteer during the summer months. There are volunteer opportunities on weekdays and weekends, and even occasional evenings. Please note that those under age 14 will need to be accompanied by a parent.

There are a several forms to fill out, including an application and a health status report (completed by the applicant's physician). Medical requirements include:

- MMR immunization (or proof of immunity to Measles and Rubella if born before 1954)
- Test for tuberculosis (this can be done at your physician's office or, for those 16 and older, we can provide this with parental permission)
- During flu season, proof of flu vaccination is required (we can also provide this for those 16 and older with parental permission)

The volunteer office will guide you through the application process. Prior to starting as a new volunteer, you will receive an orientation to the facility and meet some of our staff members. We will work together to find a volunteer role that is a good match for you, and that meets your interests. And, of course, you will be volunteering with a staff member that will be there to offer guidance and answer any questions along the way.

To learn more about our year-round volunteer programs for youth and adults, please call the Volunteer Office at (914) 864-5140 or email us at [SRNVolunteers@jewishhome.org](mailto:SRNVolunteers@jewishhome.org). We would be happy to answer your questions or schedule an appointment to meet with you.

The New Jewish Home, Sarah Neuman, 845 Palmer Avenue, Mamaroneck, NY 10543

Volunteer Department: (914) 864-5140

[www.jewishhome.org](http://www.jewishhome.org)