Our new state-of-the-art Adult Day Health Care Program offers medical, social, and therapeutic services. The spacious 23,000 square-foot facility is a welcoming and secure space, conveniently located off the Hutchinson Parkway in the Bronx. We provide support to people with chronic health conditions.

HEALTH CARE SERVICES
- Physical, occupational, and speech therapy
- Medication management
- Health monitoring and skilled nursing care, including wound care and rehabilitation
- Nutritional counseling and social work services
- Help with personal needs and activities of daily living (ADL)

FACILITY FEATURES
- Four themed dining areas for nutritious meals and healthy snacks
- Private suites with professional rehabilitation equipment, including a recumbent cross trainer, treadmill, and leg extension machine
- Individual areas for massage, electrotherapy, and ultrasound treatment
- Hundreds of books, periodicals, and magazines in a spacious library
- Calming garden room for reflection and meditation
- Welcoming lounge with a cozy fireplace
- Six recreational areas, including an arts-and-crafts room
- Wide range of classes, including art, music, gardening, and photography
- High-tech media center and computer lab for individual and group learning
Our **Behavioral Health Program** provides integrated physical and mental health services. We offer a nurturing and supportive setting for people who have medical conditions combined with depression, anxiety, or serious mental illness (SMI). Group sessions focus on building skills such as relaxation, problem-solving, and activities of daily living (ADL).

**Night Care** provides a safe place for people with Alzheimer’s disease and related dementias. This gives family members much-needed respite and relief.

Our **Diabetes Management Program** provides educational activities and health monitoring for individuals with diabetes. The program offers self-care and diabetes management, focusing on meal planning and peer support.

**LOCATION**
Hutchinson Metro Center  
North Lobby on the 1st floor  
1200 Waters Place  
Bronx, NY 10461

**HOURS OF OPERATION**
**Day Session**  
Monday – Saturday  
9:30 a.m. – 2:30 p.m

**Evening Session**  
Monday – Friday  
2:30 p.m. – 7:30 p.m

**Night Care**  
Contact us for hours

**CONTACT US**  
718.484.5639