



**"I'M A PEOPLE PERSON. IN OTHER WORDS: I'M A NEW YORKER."**

Across the city, we help thousands of **NEW YORKERS** stay on the path to health and wellness as they grow older at home.

New Yorkers are famously loyal to their neighborhoods. They love where they live. Our programs help you stay safe and independent in your own home and community.

The New Jewish Home also offers additional care across the aging spectrum, including short-term rehabilitation and long-term skilled nursing.

# THE NEW JEWISH HOME

**AGE LIKE A NEW YORKER**

We're here to help you live life on your own terms, wherever you call home and whatever your care needs.

Plan your care at home with The New Jewish Home. Now is the right time to get started.

[JewishHome.org](http://JewishHome.org)

 /thenewjewishhome

 @newjewishhome

 @newjewishhome

 /thenewjewishhome

 /thenewjewishhome

For more information call (800) 544-0304 or email [SolutionsAtHome@JewishHome.org](mailto:SolutionsAtHome@JewishHome.org)

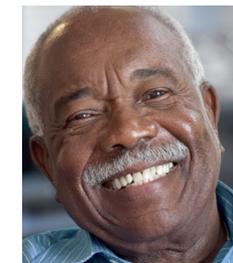
The New Jewish Home's mission is to empower older adults to enhance purpose and well-being through a portfolio of innovative health care services.



# THE NEW JEWISH HOME

**AGE LIKE A NEW YORKER**

## WHAT YOU NEED TO KNOW ABOUT...



## CARE IN YOUR OWN HOME

Live **WELL**, be at **HOME**.

# THE NEW JEWISH HOME

Whether you are recovering at home, need help with daily activities at home, or are working with your family to navigate complex care needs associated with aging at home, The New Jewish Home can help.



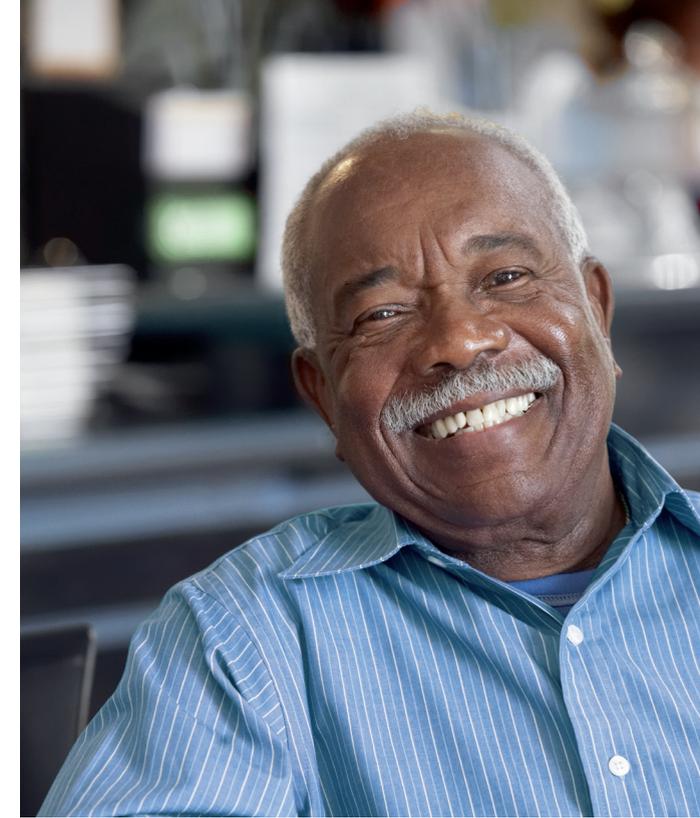
## HOME CARE

**Regain your independence after surgery, injury or illness** with rehabilitation and health care right in your home through our **Certified Home Health Agency (CHHA)**. A registered nurse will assess your needs, evaluate your home for safety to minimize your risk for falls and initiate a care plan as prescribed by your doctor. This might **include nursing care, home health aide services and physical, occupational or speech therapy**. It may also include assistance from a **social worker** to help you access benefits such as Medicaid eligibility, food stamps, transportation, etc.

**We work with you and your family** to make sure you are supported in your rehabilitation and continued wellness. We consult with your primary care physician and other providers to coordinate your care and provide 24-hour access to our **Client Service Managers, should an emergency arise**. We accept most insurance plans including Medicare, Medicaid, long-term care insurance and many other managed care plans. Our services are also available on a private pay basis. We currently serve clients in Manhattan and the Bronx.

**Certified home health aides** from our licensed home care agency, **Home Assistance Personnel Inc. (HAPI)** can help you with personal care such as dressing, getting in and out of bed, run errands, shop for you and prepare your meals. They can also escort you to your medical appointments or social engagements and remind you when to take your medication. Our home health aides, who are supervised by our nurses, have undergone rigorous background checks and specialized training including palliative care, Alzheimer's and dementia care, diabetes and congestive heart failure care. Your care will be coordinated with your personal physician. We currently serve clients in Manhattan, the Bronx, and Westchester.

**Navigate the complex world of geriatric care** with our expert geriatric care managers at **Solutions at Home**. Arranging the right care and services can be confusing and stressful, for you and your family. Your **Geriatric Care Manager** will work with you and your family to create a customized care plan and assist you in reviewing insurance, survey your home for safety issues, arrange transportation and accompany you to medical appointments, coordinate with physicians and work with you to anticipate future needs. This private pay, 24-hour service provides the support and guidance you need.



## CONNECT WITH A WELCOMING COMMUNITY

**New Yorkers know a thing or two** about getting out—and how it enriches life. Our Adult Day Health Care programs help you combine the independence of living at home with the security, care and social benefits of being part of a vibrant and welcoming community.

Our program, offered in Manhattan and the Bronx, is a safe, caring and engaging “home-away-from-home” for those who have chronic health conditions or need assistance with personal care. The program provides specialized health and wellness services, as well as structured therapeutic, recreational and cultural activities.