

**SPECIALTY
REHABILITATION**
**CARDIOPULMONARY
REHABILITATION CENTER**
MANHATTAN

If you have a cardiopulmonary diagnosis, our Cardiopulmonary Rehabilitation team partners with **NYU Langone Medical Center** to utilize advanced technologies, to help you recover and return home safely.

**CENTER FOR ADVANCED
REHABILITATION MEDICINE**
MANHATTAN

Whether you’ve had a catastrophic event or are recovering from elective surgery, our orthopedic rehab—in affiliation with the **Mt. Sinai Hospital**—can help you get back on your feet. Working closely with your orthopedic surgeon and physiatrist, we create and help you carry out your individualized plan of care.

**GERIATRIC SUBSTANCE
ABUSE PROGRAM**
MANHATTAN

The program offers in-patient services for older New Yorkers who need skilled medical rehabilitation and have substance abuse issues.

New Yorkers like to get in, get out and get on with their lives.

We certainly move like New Yorkers when it comes to helping you get back home from the hospital safely after illness or injury.

The New Jewish Home also works across a spectrum of services, including long-term skilled nursing, care at home, and senior housing, to help New Yorkers regain health and live well in the place they choose to call home.

**THE
NEW
JEWISH
HOME**

AGE LIKE A NEW YORKER

We’re here to help you live life on your own terms, wherever you call home and whatever your care needs.

Now is the right time to get started.

For more information about Short-Stay Rehabilitation services call 800-544-0304 or email connections@JewishHome.org

MANHATTAN

120 West 106th Street
New York, New York 10025
(212) 870-4715

WESTCHESTER

Sarah Neuman
845 Palmer Avenue
Mamaroneck, New York 10543
(914) 698-6005

The New Jewish Home is committed to transforming eldercare for New Yorkers so they can live meaningful lives in the place they call home.

JewishHome.org



**THE
NEW
JEWISH
HOME**

AGE LIKE A NEW YORKER

**WHAT YOU
NEED TO
KNOW ABOUT...**



**SHORT-STAY
REHABILITATION**

Get **WELL**, go **HOME**.



■ THE NEW JEWISH HOME



Our short-stay rehabilitation program combines expert staff, the finest equipment and the support you'll need to make the transition home.

Regain your quality of life with state-of-the-art rehabilitation that is:

Individualized. We work with you to create a plan just right for you. Your family can be an active partner in formulating and carrying out your care and discharge plans.

Goal oriented. Together, we will help you set and meet goals that are both challenging and achievable, so you can do the work you need to go home safely and stay well.

Well coordinated. You are within a system of care here at The New Jewish Home. We work closely with those who cared for you in the hospital, and, at the same time, we always have our eye on getting you home and back to the community.

We work with people recovering from a wide-range of illness and injuries, and have several notable specialty areas. These include people recovering from:

- Hip, knee and shoulder fractures or joint replacements
- Coronary bypass, cardiac valve replacement and other heart or vascular surgeries, including (on our Manhattan campus) left ventricular assistive device placement
- Gastrointestinal surgeries and treatments
- Stroke
- Heart attack
- Pneumonia
- Chronic Obstructive Pulmonary Disease (COPD)
- Falls
- Infectious Disease

Every recovery is different, and we put together the right team and the right plan for you and your needs.

At Sarah Neuman, on our Westchester campus, we also have the innovative Green House™ model of care for a select group of post-acute patients, providing a deeper partnership

between a small group of individuals and a team of caregivers in a more home-like setting.

We are proud of the high satisfactions ratings, excellent clinical outcomes, and success in keeping patients out of hospital.

YOUR CARE TEAM

Your skilled care team includes **full-time staff physicians** and **nurse practitioners** who provide around the clock care. **Physical, occupational, speech and audiology therapists** will help you regain the skills you need for your recovery.

Our **dietitians** work with you to adopt the best food plan for you, and our **social workers** help you continue getting well even after discharge. Our **on-site pharmacy** team is experienced in rehabilitation.

Your care team meets regularly to discuss and assess your care and keep you on the road to a safe and successful discharge home.

HEADING HOME

Our goal is to get you home safely and ready to continue your recovery there.

We work with you before discharge to coordinate home care services if necessary and the equipment you may need to stay well and safe. Continued physical, occupational and speech therapy at home may also be part of the plan to help you return to daily activities.

A vital part of our care is making sure you and your family are educated and informed so you are prepared to manage continuing rehabilitation and wellness at home.

If your health needs ultimately indicate that you'll need a longer recovery period or are ready for a full-time senior living community, you have a wide range of options within The New Jewish Home network.



"REHAB SHOULD BE LIKE ZABAR'S. YOU'RE IN. YOU'RE OUT. YOU'RE HOME. YOU'RE HAPPY."