

SPECIAL THERAPIES

We understand and address the wide-ranging, complex needs of aging. Across our campuses we offer special therapies and services that include:

- Specialized communities for residents with dementia, which focus on a safe, familiar environment that maximizes physical and cognitive well-being.
- A team approach to palliative care and pain relief management; the resident and family members are integral to the team.
- Religious services, both spiritual support and organized Jewish, Catholic and Protestant services.
- A rich cultural life, with opportunities to hear music, see movies, participate in a theater group, and view live broadcasts of lectures from the 92nd Street Y.
- An aviary on our Manhattan campus and an aquarium on both our Sarah Neuman and Manhattan campuses.
- Outdoor space and gardens on Manhattan and Sarah Neuman campuses.

New Yorkers know how to live well and there’s no reason why they can’t do just that in our skilled nursing facilities, which foster dignity and a meaningful life for those who need support.

The New Jewish Home also offers a spectrum of services, including assisted living, care at home, and short-stay rehabilitation, to respond to New Yorkers’ needs over time.

It is the policy and commitment of The New Jewish Home to provide equal access to our facilities and healthcare services. In furtherance of this commitment, and subject to applicable City, State and Federal regulations, The New Jewish Home does not discriminate on the basis of race, color, sex, gender identity, sexual orientation, national origin, age, disability, visual impairment, deafness or hearing impairment, religion, creed, familial status, marital status, source of income or payment, domestic violence victim status, military status, arrest record, conviction record, predisposing genetic characteristics, or any other legally protected classification. The New Jewish Home is committed to providing equal housing opportunities pursuant to applicable City, State, and Federal fair housing laws. For further information about this policy, please call 212.870.5000 or email Info@JewishHome.org and ask for our Chief Compliance Officer.

THE NEW JEWISH HOME

AGE LIKE A NEW YORKER

We’re here to help you live life on your own terms, wherever you call home and whatever your care needs.

Now is the right time to get started.

For more information about Long-Term Skilled Nursing call 800-544-0304 or email Connections@JewishHome.org

MANHATTAN

120 West 106th Street
New York, New York 10025
(212) 870-5000

WESTCHESTER

Sarah Neuman
845 Palmer Avenue
Mamaroneck, New York 10543
(914) 698-6005

The New Jewish Home is committed to transforming eldercare for New Yorkers so they can live meaningful lives in the place they call home.



THE NEW JEWISH HOME

AGE LIKE A NEW YORKER

WHAT YOU NEED TO KNOW ABOUT...



LONG-TERM SKILLED NURSING

Live **WELL**, in a **CARING** place.

■ THE NEW JEWISH HOME



For those whose care needs are too complex to manage at home, our long-term nursing homes offer complete communities devoted to helping live life as fully and meaningfully as possible.

Our dedicated and experienced care team prepares an individualized plan for you, covering your medical needs and your choices regarding how you want to live your life, with input from your family, if you should desire.

Working closely with you and your family, the care team includes:

- **Physicians** who are board-certified internists and geriatricians
- **Attending physicians** in many specialties
- **Around-the-clock nursing** and nursing assistant care
- **Physical, occupational and speech therapists**

- **Dietitians** to help assure that your diet promotes wellness and meets your choices
- **On-site pharmacy**, with pharmacists experienced in elder care
- **On-site radiology** services upon availability
- **Professional social workers** to assist with coordinating care and helping you and your family manage during this stage of your life
- **Free WIFI** in the building / portable computers on some units
- **Specialty clinics** which include dentistry, ophthalmology, podiatry, neurology, urology, cardiology
- **Psychology and psychiatry service**

LIVE WELL

New Yorkers are uniquely connected to the world, and we want to make sure that doesn't stop when you live in our skilled nursing facilities. While we provide the care and security you need, we also encourage you to pursue this chapter of your life with dignity, passion and meaning.

Our experienced **Therapeutic Recreation** staff encourages participation in activities best suited to residents' abilities, life experience, and interests. So take an **art class**, join a **discussion group**, **peruse our library**, enjoy a **concert**, explore the **internet**, or perform in the **theater group**.

We invite your family to regular **barbecues** in our **gardens**, as well as **celebrations** that include Grandparents' Day, Mardi Gras,

Cinco de Mayo, NYC Pride March and, numerous religious/spiritual celebrations. And we seek input from you and your peers, via the **Resident Council**, on all aspects of life in the nursing home.

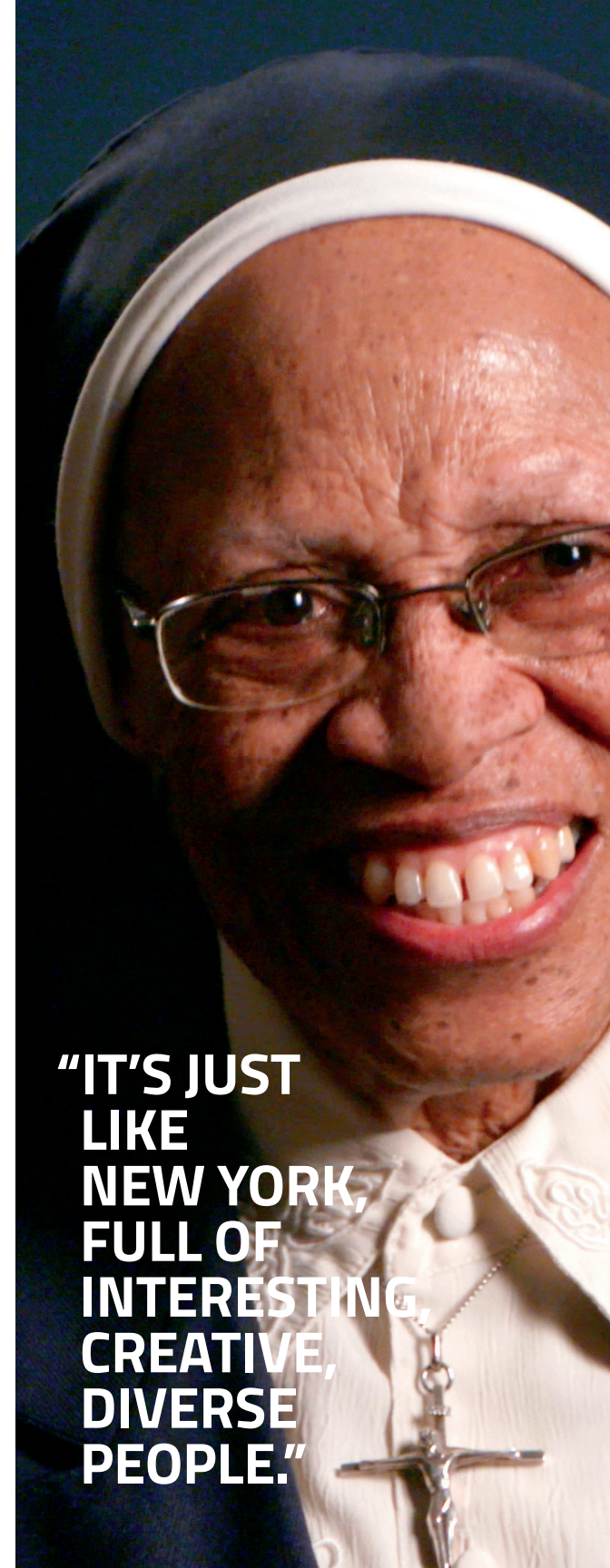
THE GREEN HOUSE MODEL

The New Jewish Home is a longtime leader in innovative models of care, and we are proud to introduce to the Greater New York area, **the Green House™ model of care** that provides intimate households with homey private and communal spaces that foster autonomy and individuality.

Residents set their own schedule and choose how they want to spend their days. There are beautiful communal spaces, including a resident-friendly kitchen, and a central dining table. The specially trained teams who provide day-to-day care are encouraged to deeply know each person so they can offer highly individualized care.

At our **Sarah Neuman Campus in Westchester**, we have opened three "Small Houses," inspired by the **the Green House™** model. Our long-range plan is to open four more such houses on the Sarah Neuman campus.

We are moving forward with plans to build **The Living Center of Manhattan**, in partnership with **The Green House Project™** on the Upper West Side. Currently we operate a 514-bed long-term care campus on 106th Street in Manhattan.



"IT'S JUST LIKE NEW YORK, FULL OF INTERESTING, CREATIVE, DIVERSE PEOPLE."