

THE NEW JEWISH HOME



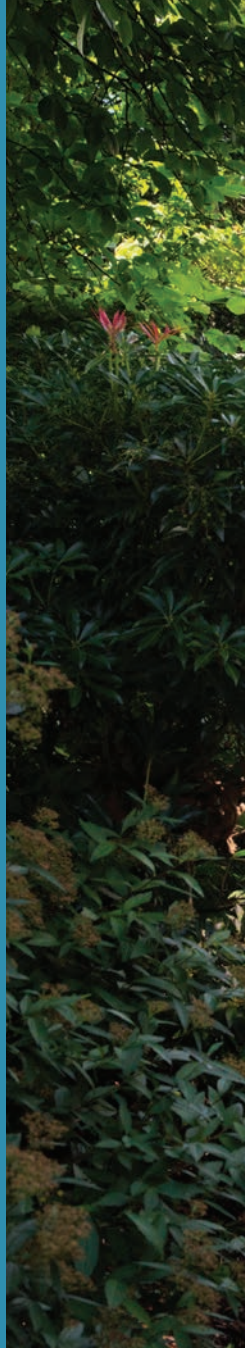
THE SMALL HOUSES


at The New Jewish Home in Westchester

Located in the charming village of Mamaroneck, our Sarah Neuman campus is transforming the nursing home experience. A thoughtful departure from impersonal institutions, our Small Houses are vibrant homes that foster intimate and welcoming communities for older adults. We are the first and only facility in Westchester to provide The Green House® model of care.



THE
GREEN HOUSE
PROJECT
PARTNER



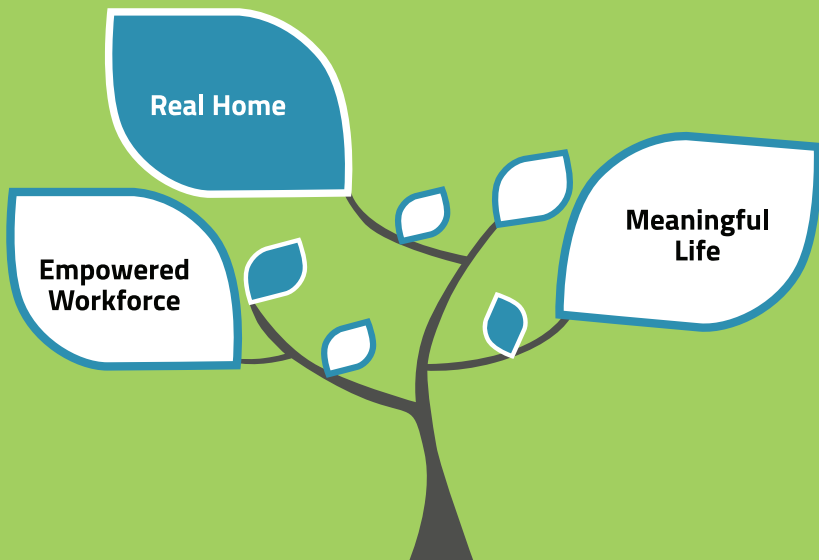
A photograph of a paved path winding through a lush garden. The path is made of light-colored concrete slabs and is bordered on the left by a dense garden of trees and bushes. A white post with a lamp fixture is visible on the left. On the right, a dark green metal fence runs along the path. The background shows more greenery and a building with a window. The text is overlaid on the bottom right of the image.

The New Jewish Home is
proud to help New Yorkers
live meaningful lives in
the place they call home.



SMALL HOUSES

Our Small House communities are a radical redesign of long-term and post-acute care and based on The Green House model—helping elders thrive in a nurturing and intimate environment where elders direct their own care. The program operates under three core values:



Person Directed Care is the overarching philosophy of our Small Houses. Elders are at the center and the primary decision makers. Our caregivers strive to have a deep understanding of the unique needs and strengths of each elder.

Once renovations are complete, we will have a total of seven Small Houses serving 85 elders (ranging from 8-13 elders in each household). Small Houses are true homes—with bright and welcoming common areas, communal dining rooms, open concept kitchens where meals are cooked from scratch, and bedrooms with en-suite bath.





ESSENTIAL PRACTICE & VALUES

Aligned with our commitment to Person Directed Care, life in the Small House revolves around the needs and preferences of the residents. Both privacy and the communal benefits of family life are key to Small House living.

Meaningful Life

Choice, control, autonomy and close relationships are just a few of the elements that support meaningful life.

- Elders decide when they wake up, go to bed, eat and participate in activities.
- Elders are directly involved in making healthcare choices.
- Elders engage in a full life and celebrate milestones like birthdays and anniversaries.
- Family involvement is valued and welcomed.



ADIR *In Hebrew Adir signifies
mighty, majestic and noble.*



EMPOWERED STAFF

At the Small Houses, caregivers do the cooking and housekeeping, in addition to providing assistance with activities of daily life.

ORGANIZATIONAL STRUCTURE:

Far too often nursing homes are bureaucratic and hierarchical, so in the Small House we flattened the staffing structure and placed the elder at the center. *Adirim*, dynamic Certified Nursing Assistants with additional training in culinary and housekeeping skills, are responsible for day-to-day care and the smooth functioning of the Small House. They work as an interdisciplinary team (medical, nursing, dietary, rehab and social work) to provide optimal clinical care.

“Rooms are more like home. I’m able to work closely with the elders and get to know them individually. There’s just more time. I love this environment.”

—Adir

REAL HOME

Each Small House is centered around a fully-equipped open kitchen where meals are prepared from scratch and shared at a communal dining table. The bright, sun-filled living room features comfortable seating, a fireplace and an entertainment center. A cozy den with a pull out couch is available for family members who may want to stay over.

WHAT MAKES A REAL HOME?

- **Natural Surroundings**—Small Houses are warm and have a residential feel. We've eliminated call lights and alarms, overhead paging, nursing stations, medication carts and other "institutional" aspects.
- **Elements of Real Home**—Direct and open access to all common areas of home, private or semi-private bedrooms with full bath, *Adirim* cook meals in the kitchen and a communal dining table fosters a sense of belonging and togetherness. *Adirim*, family and guests regularly eat together with elders.
- **Home for Life**—Elders decorate their rooms with meaningful personal possessions and make the space uniquely their own—even their pets are welcome.





A warm, welcoming Small House resident room decorated with personal belongings.



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