

THE NEW JEWISH HOME

AGE LIKE A NEW YORKER



SOLUTIONS AT HOME

We know staying safe and independent at home is important. Our certified Geriatric Care Managers and experienced Home Health Aides help you or your loved one do just that. With our long-standing expertise, we help you navigate the complexities of getting older and guide you to the resources needed so you can continue to live life on your own terms.

Let our certified Geriatric Care Managers work with you step-by-step to arrange care and services for you or your loved one. Our Home Health Aides will provide additional care and support with activities such as bathing, dressing, light housekeeping and meal preparation.

THE RIGHT TEAM

Our **Geriatric Care Managers** are licensed clinical/masters level social workers or registered nurses who have extensive experience serving older adults. Geriatric Care Managers are available to help you navigate all of the challenges of aging. This includes arranging medical appointments, providing concierge services like transportation arrangements, bill pay or food delivery and organizing a personal care plan together with your family and friends.



Our **Home Health Aides** receive training in **cardiac care, dementia, diabetes** and **palliative care** to provide you with long-term support at home or help you transition from hospital or rehab back to your community. In addition to providing self-care and activities of daily living, Home Health Aides may help you participate in mind-stimulating activities or harness what it means to prepare a heart healthy meal. Our Home Health Aides understand the challenges of getting older and are trained in early detection of age-related complications and reducing re-hospitalization.

Solutions at Home Aides undergo rigorous background checks and receive on-going training and competency evaluations. Our training program is approved by the New York State Department of Health and all of our Aides are certified in accordance with DOH regulations.

A personalized Solutions at Home care plan might include:

- Arranging Home Health Aide services
- Surveying your home to identify any safety issues and coordinating necessary modifications
- Optimizing insurance and entitlement benefits
- Arranging transportation and/or an escort to medical and other appointments
- Coordinating care with physicians and other health care providers
- Assessing nutritional needs and arranging meal delivery
- Working with you or your family members to anticipate and plan for future needs
- Coordinating relocation to a new home or a care facility
- Supporting you during an emergency

Geriatric Care Managers are on call 24/7 and Home Health Aides are available to assist day and night.

We are New Yorkers. We're here to help you live life on your own terms, wherever you call home and whatever your care needs.

Now is the right time to get started.

JewishHome.org

Solutions at Home is a fee-based service.
For more information call or email:
212.273.2577
info@JewishHome.org

