



THE NEW JEWISH HOME

**SHORT-STAY
REHAB**

**HOME
ASSISTANCE
PERSONNEL**

**GERIATRIC
CARE
MANAGEMENT**

**CERTIFIED
HOME
HEALTH
AGENCY**

**ADULT DAY
HEALTH CARE**

**LONG-TERM
CARE**

HOUSING

Westchester campus



Manhattan campus



Kittay Senior Apartments

"I enjoyed the garden yesterday with my father. It's like an oasis in the middle of the city. I thought I was in the countryside."

— Stephen K. (family member)

AGE LIKE A NEW YORKER

The New Jewish Home is a comprehensive, mission-driven health care system serving older New Yorkers since 1848. Inspired by the diverse people we serve, we're innovating new approaches to caring for older adults that are true to our values and build upon a foundation of making everyone feel at home.

New Yorkers know what they want, especially as they get older. They want to embrace and enjoy life in the communities they love.

Our **GET WELL, GO HOME** rehabilitative services prepare you to return home after a hospital stay sooner and with more confidence.

Our robust **LIVE WELL, BE AT HOME** offerings help you continue to thrive in your own home:

- Solutions at Home: Geriatric Care Managers and Home Health Aides
- Home Assistance Personnel, Inc. (HAPI)
- Certified Home Health Agency (CHHA)
- Adult Day Health Care

For those who can no longer live on their own, our compassionate skilled nursing options mean you can **LIVE WELL IN A CARING PLACE.**

And our **LIVE IN A VIBRANT COMMUNITY** portfolio offers housing with an appropriate level of independence, social outlets and à la carte health services.

THE NEW JEWISH HOME

FAST FACTS

— We provide services across the five boroughs of New York City and Westchester county

We have a full-time staff of more than 2,200 committed, caring professionals

We care for **10,000** New Yorkers every year

OUR MISSION

To empower older adults to enhance purpose and well-being through a portfolio of innovative health care services.

OUR VISION

A new reality in which ageism is no longer and society embraces its older adult members.

OUR VALUES

Extend Welcome

Embrace Diversity

Affirm Dignity

Respect One Another

Embody Compassion

Increase Knowledge

Pursue Justice

**"Rehab
should
be like
ZABAR's.
You're in.
You're out.
You're home.
You're happy."**



Rehab Gym in Manhattan



Rehab Suite in Westchester

THERE'S NO PLACE LIKE HOME...

OUR STATE-OF-THE ART REHAB WILL GET YOU THERE QUICKER.


Our Short-Stay Rehabilitation Programs, in Manhattan and Westchester, help you seamlessly manage the transition from the hospital to your home after illness, injury or surgery. We create customized care plans, so you can go home safely and stay well. Our skilled and dedicated on-site care team includes:

- Registered nurses and nursing assistants
- Physicians
- Physical, occupational and speech therapists
- Pharmacists
- Social workers
- Dietitians

On our Westchester campus, we offer innovative rehab **Small Houses**, which combine a comfortable home-like setting with a care model that fosters deep relationships between patients and staff.

At our Manhattan campus, we provide several specialty rehab programs:

- **The Cardiac Rehabilitation Center**, in partnership with **NYU Langone Medical Center**, is the first program in New York State accredited by the Joint Commission for heart failure. Our recently expanded 63-bed cardiac unit is staffed by an interdisciplinary team of specialists providing medical, rehab and nursing care.
- **The Center for Advanced Rehabilitation Medicine**, affiliated with **The Mount Sinai Hospital System**, is a 38-bed, state-of-the-art rehab program providing unparalleled care for adults with orthopedic and musculoskeletal issues.



**"I'm a
people
person.
In other
words:
I'm a New
Yorker."**



**Rehab Suite, Library and Massage Therapy
Room at our Bronx Adult Day Program**

THERE'S NO PLACE LIKE...

YOUR OWN HOME

Our **Solutions at Home** program provides Geriatric Care Managers, who are clinical social workers or registered nurses, help you navigate the complex health care system. Services include:

- Arranging home care
- Coordinating with health care providers
- Facilitating relocations to a new home or care facility

Home Assistance Personnel, Inc. (HAPI), our licensed home care agency, is a great choice if you just need extra support at home. Registered nurses evaluate your health needs, coordinate care with your physician and supervise home health aides. Our caring and highly

trained home health aides can assist you with:

- Bathing and dressing
- Light housekeeping and medication monitoring
- Meal planning
- Arranging doctor's visits and transportation services

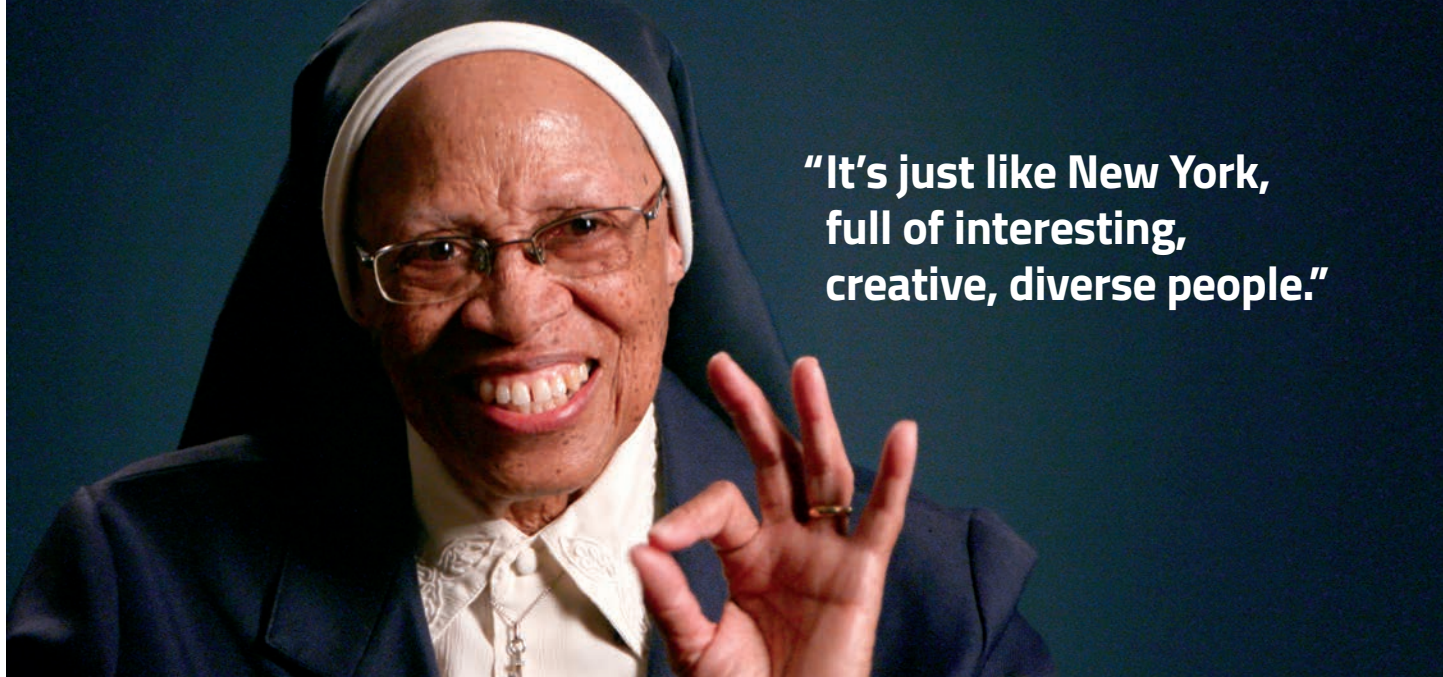
Our **Certified Home Health Agency (CHHA)** helps you regain independence after surgery, injury or illness, with rehab and care right in your home. Services include:

- Skilled nursing and rehab
- Full assessment by a registered nurse
- Physical, occupational and speech therapy
- Social work services
- Personalized care plans

Stay engaged through our medical and social **Adult Day Health Care Programs** in Manhattan and the Bronx. Spend the day in a vibrant community while receiving medical, social and therapeutic services.

The programs offer:

- Specialized programs for older adults with diabetes, behavioral health or memory impairment
- Physical, occupational and speech therapy
- Medication management, health monitoring and skilled nursing care
- Social work services
- Therapeutic activities
- Healthy meals and snacks throughout the day



**"It's just like New York,
full of interesting,
creative, diverse people."**



Manhattan campus



Small Houses on our Westchester campus



THERE'S NO PLACE LIKE...

A COMPASSIONATE ENVIRONMENT THAT FEELS LIKE HOME

If your needs are too complex to manage at home, our **long-term skilled nursing services** in Manhattan and Westchester provide that extra level of care, support and safety. Our experienced interdisciplinary team works with residents to prepare individualized plans based on medical need, their preferences and choices about living a rich and meaningful life. In addition to providing around-the-clock nursing care, we also offer spiritual care and robust therapeutic recreation activities such as creative writing classes, horticulture therapy, art therapy and theater groups. Both campuses are accredited by Comfort Matters Dementia Care Education to improve the quality of life and care for people with dementia.

On our 301-bed Westchester campus we are proud to offer intimate **Small Houses**, based on person directed care model, with meals prepared from scratch in an open kitchen and shared at a communal table.

Our 514-bed skilled nursing facility on the Upper West Side in Manhattan is also a longstanding teaching institution. Through our Geriatrics Career Development Program we provide clinical training to hundreds of students from under-resourced high schools. We are also a training site for geriatrics fellows from the Icahn School of Medicine at Mount Sinai.

Kittay Senior Apartments



"It's just
like home.
Except
someone
else
cleans,
does the
dishes
and the
cooking."



THERE'S NO PLACE LIKE...

OUR VIBRANT SENIOR HOUSING COMMUNITY

Our senior housing options in the Bronx offer the best of both worlds: the privacy of your own apartment with easy access to care and services when you need them. We help you stay safe, supported, and connected to a community.

Kittay Senior Apartments provide independent housing with a lush five-acre garden in the Kingsbridge section of the Bronx. At Kittay you have the joy of living on your own with the level of independence and support that is right for you.

Just some of the many offerings include:

- Fitness center and beauty salon on-site
- Large print library
- Creative arts program, choirs, open arts studio, live concerts, cultural and spiritual activities
- Day trips to museums, restaurants and the theater
- Healthy and nutritious daily meals
- Housekeeping and linen service

Down the street from Kittay, we operate our **University Avenue Assisted Living** program for older adults who who are medically eligible but do not require nursing home services. We offer studio apartments, daily meals and home health services for older adults receiving Medicaid.

In the Bronx, The New Jewish Home provides **Section 202 Supportive Housing** for older adults: Harry and Jeanette Weinberg Gardens, Harry and Jeanette Weinberg Riverdale House and the Kenneth Gladstone Building.

We provide supportive health and social services at **NORCs** (naturally occurring retirement communities) in Manhattan (Penn South and Morningside Gardens) and in the Bronx (Amalgamated/Park Reservoir and Pelham Parkway Houses).

THERE'S NO PLACE LIKE...

THE NEW JEWISH HOME, FOR YOU

We are New Yorkers. That's why we help you live life on your own terms, wherever you call home and whatever your care needs.

Call or email to schedule a visit:

(800) 544-0304

Info@JewishHome.org

JewishHome.org



SHORT-STAY REHAB AND LONG-TERM CARE

MANHATTAN
120 West 106th Street
New York, New York 10025
(212) 870-5000

WESTCHESTER
Sarah Neuman
845 Palmer Avenue
Mamaroneck, New York 10543
(914) 698-6005

COMMUNITY SERVICES

Certified Home Health Agency (CHHA)
Home Assistance Personnel, Inc. (HAPI)
Solutions at Home: Geriatric Care
Managers and Home Health Aides
(800) 544-0304

ADULT DAY HEALTH CARE PROGRAMS

140 West 106th Street
New York, New York 10025
(212) 870-4682

1200 Waters Place
Bronx, New York 10461
(718) 484-5639

HOUSING

Kittay Senior Apartments
2550 Webb Avenue
Bronx, New York 10468
(718) 410-1441

University Avenue Assisted Living
2553 University Avenue
Bronx, New York 10468
(347) 418-4263

202 Supportive Housing in the Bronx

- Kenneth Gladstone Building
- Harry and Jeanette Weinberg Gardens
- Harry and Jeanette Weinberg Riverdale House
(718) 676-1440



It is the policy and commitment of The New Jewish Home to provide equal access to our facilities and healthcare services. In furtherance of this commitment, and subject to applicable City, State and Federal regulations, The New Jewish Home does not discriminate on the basis of race, color, sex, gender identity, sexual orientation, national origin, age, disability, visual impairment, deafness or hearing impairment, religion, creed, familial status, marital status, source of income or payment, domestic violence victim status, military status, arrest record, conviction record, predisposing genetic characteristics, or any other legally protected classification. The New Jewish Home is committed to providing equal housing opportunities pursuant to applicable City, State, and Federal fair housing laws. For further information about this policy, please call 212.870.5000 and ask for our Chief Compliance Officer or email Info@JewishHome.org.



THE
GREEN HOUSE
PROJECT
PARTNER



ComfortMatters
Living Better with Dementia
Home Modification Company



NICHE
DESIGNATED



THE NEW JEWISH HOME

AGE LIKE A NEW YORKER

The New Jewish Home is a comprehensive,
mission-driven health care system
serving older New Yorkers since 1848.

