









SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>INDEPENDENT LEISURE SUPPLIES ARE AVAILABLE: LARGE PRINT BOOKS, AUDIO BOOKS, MUSIC, MOVIES, BOARD GAMES PLAYING CARDS, BINOCULARS, LETTER WRITING SUPPLIES AND STAMPS. TO RECEIVE INDEPENDENT LEISURE SUPPLIES OR TO BE ADDED TO PROGRAM TRANSPORT LISTS, PLEASE CONTACT THE DEPARTMENT OF MEANINGFUL LIFE X 4940</p> <p>BEAUTY SALON (LOCATED IN THE FRIEDMAN PENT HOUSE) IS OPEN WEEKLY ON WEDNESDAYS & FRIDAYS TO MAKE AN APPOINTMENT, CONTACT EXT. 6002</p>			<p>1 NEW YEAR'S DAY <u>NEW YEAR'S DAY BINGO</u> 11:00AM-AUDITORIUM</p>  <p>AFTERNOON MOVIE: <u>WHEN HARRY MET SALLY (1989)</u> 2:30PM-AUDITORIUM</p>	<p>2 <u>CATHOLIC MASS</u> 10:30AM-AUDITORIUM <u>ADAPTED YOGA WITH CAROLE</u> 2:00PM-LIBRARY <u>TORAH WITH DVORAH</u> 3:00PM-AUDITORIUM <u>POETRY GROUP WITH DOUGLAS</u> 7:00PM-LIBRARY</p>	<p>3 <u>CREATIVE WRITING GROUP WITH CATIE: 8TH ANNUAL HOLIDAY BASH</u> W/DJHYPOESTE 10:30AM-AUDITORIUM <u>NEWSLETTER COMMITTEE</u> 2:00PM-BOARD ROOM <u>EREV SHABBAT SERVICE</u> 3:00PM-AUDITORIUM <u>KNITTING & CROCHETING WITH VERONICA</u> 4:00PM-LIBRARY</p>	<p>4 <u>SHABBAT SERVICE</u> 10:30AM-AUDITORIUM <u>CAFÉ ISRAEL</u> <u>OSCAR CINEMA</u> 2:00PM-AUDITORIUM <u>EXERCISE WITH CORA</u> 4:00PM-AUDITORIUM</p>
<p>5 <u>CATHOLIC WORSHIP</u> 10:30AM-AUDITORIUM <u>EDYTHE KENNER FOUNDATION CONCERT WITH KT SULLIVAN</u> 2:30PM-AUDITORIUM</p>  <p><u>EXERCISE WITH CORA</u> 4:00PM-AUDITORIUM</p>	<p>6 <u>BEADING GROUP WITH CORA</u> 10:15AM-AUDITORIUM <u>TOTAL BODY WORKOUT WITH LISA</u> 11:00AM-AUDITORIUM <u>OPEN ART STUDIO</u> 2:00PM-LIBRARY <u>RHYTHM BAND WITH ALLA</u> 3:00PM-AUDITORIUM <u>CHIT CHAT WITH MARIA</u> 4:00PM-LIBRARY <u>CASINO NIGHT</u> 7:00PM-AUDITORIUM</p>	<p>7 <u>THEATER WORKSHOP WITH VERONICA</u> 10:15AM-LIBRARY <u>EXERCISE WITH CORA</u> 11:15AM-AUDITORIUM <u>JEWISH CULTURAL HOUR</u> 2:30PM-AUDITORIUM <u>GLEE CLUB WITH STEPHANIE</u> 4:00PM-AUDITORIUM <u>JUNIOR LEAGUE SENIOR FRIENDS: BINGO</u> 7:00PM-AUDITORIUM</p>	<p>8 <u>PROTESTANT WORSHIP</u> 10:30AM-AUDITORIUM <u>HAND-IN-HAND COMMITTEE</u> 11:30AM-LIBRARY <u>LET'S LEARN SPANISH</u> 2:00PM-LIBRARY <u>NIA – NO IMPACT AEROBICS WITH UJA ENGAGE</u> 2:15PM-LIBRARY <u>CLASSIC AFTERNOON MOVIE WITH ZAZIE</u> 2:30PM-AUDITORIUM <u>NEW YORK CARES DOG NIGHT</u> 7:00PM-AUDITORIUM</p>	<p>9 <u>CATHOLIC MASS</u> 10:30AM-AUDITORIUM <u>ADAPTED YOGA WITH CAROLE</u> 2:00PM-LIBRARY <u>TORAH WITH DVORAH</u> 3:00PM-AUDITORIUM <u>CRAFT CORNER WITH ANDREA</u> 4:00PM-LIBRARY <u>ROSELAND DANCE</u> 7:00PM-AUDITORIUM</p>	<p>10 <u>CREATIVE WRITING GROUP WITH CATIE: WHEN WAS THE LAST TIME YOU HAD A REAL BELLY LAUGH?? WHO WERE YOU WITH? WHAT HAPPENED? WAS IT CONTAGIOUS?--DETAILS PLEASE!!</u> 10:30AM-AUDITORIUM <u>EREV SHABBAT SERVICE</u> 3:00PM-AUDITORIUM <u>KNITTING & CROCHETING WITH VERONICA</u> 4:00PM-LIBRARY</p>	<p>11 <u>SHABBAT SERVICE</u> 10:30AM-AUDITORIUM</p>  <p><u>CAFÉ ISRAEL: KOBY HAYON TRIO</u> 2:30PM-AUDITORIUM <u>EXERCISE WITH CORA</u> 4:00PM-AUDITORIUM</p>
<p>12 <u>CATHOLIC WORSHIP</u> 10:30AM-AUDITORIUM <u>COLORING MEDITATION</u> 1:45PM-LIBRARY <u>EXERCISE WITH CORA</u> 2:30PM-AUDITORIUM <u>HORTICULTURE THERAPY</u> 4:00PM-AUDITORIUM</p> 	<p>13 <u>BEADING GROUP WITH CORA</u> 10:15AM-BOARD ROOM <u>TOTAL BODY WORKOUT WITH LISA</u> 11:00AM-LIBRARY <u>OPEN ART STUDIO</u> 2:00PM-BOARD ROOM <u>RHYTHM BAND WITH ALLA</u> 3:00PM-LIBRARY <u>CHIT CHAT WITH MARIA</u> 4:00PM-LIBRARY <u>CASINO NIGHT</u> 7:00PM-AUDITORIUM</p>	<p>14 <u>THEATER WORKSHOP WITH VERONICA</u> 10:15AM-LIBRARY <u>EXERCISE WITH CORA</u> 11:15AM-AUDITORIUM <u>NAIL SPA WITH NEW YORK CARES</u> 2:00PM-LIBRARY <u>JEWISH CULTURAL HOUR</u> 2:30PM-AUDITORIUM <u>GLEE CLUB WITH STEPHANIE</u> 4:00PM-AUDITORIUM</p>	<p>15 <u>PROTESTANT WORSHIP</u> 10:30AM-AUDITORIUM <u>HAND-IN-HAND COMMITTEE</u> 11:30AM-LIBRARY <u>LET'S LEARN SPANISH</u> 2:00PM-LIBRARY <u>NIA – NO IMPACT AEROBICS WITH UJA ENGAGE</u> 2:15PM-LIBRARY <u>THEATER WORKSHOP PERFORMANCE</u> 3:30PM-AUDITORIUM <u>NEW YORK CARES BINGO NIGHT</u> 7:00PM-AUDITORIUM</p>	<p>16 <u>CATHOLIC MASS</u> 10:30AM-AUDITORIUM <u>ADAPTED YOGA WITH CAROLE</u> 2:00PM-LIBRARY <u>TORAH WITH DVORAH</u> 3:00PM-AUDITORIUM <u>CRAFT CORNER WITH ANDREA</u> 4:00PM-LIBRARY <u>BOOK CLUB WITH SONYA: BECOMING BY MICHELLE OBAMA</u> 7:00PM-LIBRARY</p>	<p>17 <u>CREATIVE WRITING GROUP WITH CATIE: UPPER WEST SIDE AUTHOR DR. JAMES. FRAZEE, IS HERE WITH US- LATEST BOOK, A MYSTERY, MOSQUITO BITES, TAKING OUR WRITING/ PUBLISHING QUESTIONS WITH A SURPRISE/FUN EXERCISE ON DEVELOPING A CHARACTER</u> 10:30AM-AUDITORIUM <u>RESIDENT'S COUNCIL</u> 2:00PM-AUDITORIUM <u>EREV SHABBAT SERVICE</u> 3:00PM-AUDITORIUM <u>KNITTING & CROCHETING WITH VERONICA</u> 4:00PM-LIBRARY</p>	<p>18 <u>SHABBAT SERVICE</u> 10:30AM-AUDITORIUM <u>CAFÉ ISRAEL OSCAR CINEMA</u> 2:00PM-AUDITORIUM <u>EXERCISE WITH CORA</u> 4:00PM-AUDITORIUM</p> 

PLEASE TURN FOR REMAINDER OF MONTH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>19</p> <p><u>CATHOLIC WORSHIP</u> 10:30AM-AUDITORIUM</p> <p><u>AFTERNOON CONCERT WITH DORIS MANVILLE AND JIM FREDERICKS</u> 3:00PM-AUDITORIUM</p> <p><u>EXERCISE WITH CORA</u> 4:00PM-AUDITORIUM</p>	<p>20</p> <p><u>DR. MARTIN LUTHER KING JR. DAY CRAFT WITH SCHECHTER MANHATTAN SCHOOL</u> 10:30AM-AUDITORIUM</p>  <p><u>DR. MARTIN LUTHER KING JR. DAY SING-A-LONG WITH ALLA</u> 3:00PM-AUDITORIUM</p>	<p>21</p> <p><u>THEATER WORKSHOP WITH VERONICA</u> 10:15AM-LIBRARY</p> <p><u>EXERCISE WITH CORA</u> 11:15AM-AUDITORIUM</p> <p><u>JEWISH CULTURAL HOUR</u> 2:30PM-AUDITORIUM</p> <p><u>GLEE CLUB WITH STEPHANIE</u> 4:00PM-AUDITORIUM</p> <p><u>JUNIOR LEAGUE SENIOR FRIENDS: MEDITATION/YOGA</u> 7:00PM-AUDITORIUM</p>	<p>22</p> <p><u>PROTESTANT WORSHIP</u> 10:30AM-AUDITORIUM</p> <p><u>HAND-IN-HAND COMMITTEE</u> 11:30AM-LIBRARY</p> <p><u>LET'S LEARN SPANISH</u> 2:00PM-LIBRARY</p> <p><u>NIA – NO IMPACT AEROBICS WITH UJA ENGAGE</u> 2:15PM-AUDITORIUM</p> <p><u>AFTERNOON BINGO</u> 3:30PM-AUDITORIUM</p> <p><u>BIBLE STUDY WITH TIMES SQUARE CHURCH</u> 7:00PM-AUDITORIUM</p>	<p>23</p> <p><u>CATHOLIC MASS</u> 10:30AM-AUDITORIUM</p> <p><u>ADAPTED YOGA WITH CAROLE</u> 2:00PM-LIBRARY</p> <p><u>TORAH WITH DVORAH</u> 3:00PM-AUDITORIUM</p> <p><u>CRAFT CORNER WITH ANDREA</u> 4:00PM-LIBRARY</p> <p><u>POETRY GROUP WITH DOUGLAS</u> 7:00PM-LIBRARY</p>	<p>24</p> <p><u>CREATIVE WRITING GROUP WITH CATIE: IN YOUR LIFE, WHAT WERE YOUR MOST FAVORITE AND VERY LEAST FAVORITE JOBS YOU DID-THAT WERE ALL WITH NO PAY (MONEY-WISE) AND WHY- WOULD YOU DO THEM AGAIN? OR AGAIN DIFFERENTLY???</u> 10:30AM-AUDITORIUM</p> <p><u>NEWSLETTER COMMITTEE</u> 2:00PM-BOARD ROOM</p> <p><u>EREV SHABBAT SERVICE</u> 3:00PM-AUDITORIUM</p> <p><u>KNITTING & CROCHETING WITH VERONICA</u> 4:00PM-LIBRARY</p>	<p>25</p> <p><u>SHABBAT SERVICE</u> 10:30AM-AUDITORIUM</p> <p><u>CAFÉ ISRAEL OSCAR CINEMA</u> 2:00PM-AUDITORIUM</p>  <p><u>EXERCISE WITH CORA</u> 4:00PM-AUDITORIUM</p>
<p>26</p> <p><u>CATHOLIC WORSHIP</u> 10:30AM-AUDITORIUM</p> <p><u>COLORING MEDITATION</u> 1:45PM-LIBRARY</p>  <p><u>AFTERNOON CONCERT WITH VOCAL EASE</u> 2:30PM-AUDITORIUM</p>	<p>27</p> <p><u>BEADING GROUP WITH CORA</u> 10:15AM-AUDITORIUM</p> <p><u>TOTAL BODY WORKOUT WITH LISA</u> 11:00AM-AUDITORIUM</p> <p><u>OPEN ART STUDIO</u> 2:00PM-LIBRARY</p> <p><u>RHYTHM BAND WITH ALLA</u> 3:00PM-AUDITORIUM</p> <p><u>CHIT CHAT WITH MARIA</u> 4:00PM-LIBRARY</p> <p><u>CASINO NIGHT</u> 7:00PM-AUDITORIUM</p>	<p>28</p> <p><u>THEATER WORKSHOP WITH VERONICA</u> 10:15AM-LIBRARY</p> <p><u>EXERCISE WITH CORA</u> 11:15AM-AUDITORIUM</p> <p><u>NAIL SPA WITH NEW YORK CARES</u> 2:00PM-LIBRARY</p> <p><u>JEWISH CULTURAL HOUR</u> 2:30PM-AUDITORIUM</p> <p><u>GLEE CLUB WITH STEPHANIE</u> 4:00PM-AUDITORIUM</p> <p><u>JUNIOR LEAGUE SENIOR FRIENDS: FRAMES AND POLAROID PICTURE CRAFT</u> 7:00PM-AUDITORIUM</p>	<p>29</p> <p><u>PROTESTANT WORSHIP</u> 10:30AM-AUDITORIUM</p> <p><u>HAND-IN-HAND COMMITTEE</u> 11:30AM-LIBRARY</p> <p><u>LET'S LEARN SPANISH</u> 2:00PM-LIBRARY</p> <p><u>NIA – NO IMPACT AEROBICS WITH UJA ENGAGE</u> 2:15PM-AUDITORIUM</p> <p><u>AFTERNOON BINGO</u> 3:30PM-AUDITORIUM</p> <p><u>NEW YORK CARES BINGO NIGHT</u> 7:00PM-AUDITORIUM</p>	<p>30</p> <p><u>CATHOLIC MASS</u> 10:30AM-AUDITORIUM</p> <p><u>ADAPTED YOGA WITH CAROLE</u> 2:00PM-LIBRARY</p> <p><u>TORAH WITH DVORAH</u> 3:00PM-AUDITORIUM</p> <p><u>CRAFT CORNER WITH ANDREA</u> 4:00PM-LIBRARY</p> <p><u>ROSELAND DANCE</u> 7:00PM-AUDITORIUM</p>	<p>31</p> <p><u>CREATIVE WRITING GROUP WITH CATIE: OUR OWN JOHANNA WEBER IS BACK FROM HER RECENT TRIP TO CUBA WITH STORIES AND PHOTOS. YAY! PLEASE TELL US YOUR PERSONAL FAMILY HISTORIES THERE, YOUR THOUGHTS ON OUR (THE U.S.) RELATIONSHIP WITH CUBA 1959-2020— ANYTHING</u> 10:30AM-AUDITORIUM</p> <p><u>EREV SHABBAT SERVICE</u> 3:00PM-AUDITORIUM</p> <p><u>KNITTING & CROCHETING WITH VERONICA</u> 4:00PM-LIBRARY</p>	