

# **NEWSLETTER**

## **August 2020**

**Kittay Senior Apartments**  
2550 Webb Avenue, Bronx, NY 10468  
718-410-1441



### **IN THIS ISSUE**

Editor's Desk	2
Month in Review	3
Noticeboard	4

# Editor's Desk

Hello Tenants, Families and Friends!

What a strange year 2020 has been so far!

At times like this, we are reminded of the importance of resilience and community spirit

We look forward to better days ahead

when we can be together to enjoy all Kittay has to offer. The safety and well-being of our tenants at Kittay is our top priority. Free face masks are available to all tenants at Kittay upon request. We continue to screen those entering Kittay by having them complete a survey and taking their temperatures. Heightened measures for disinfecting common areas are in place.

Kittay has implemented a telephone outreach program and regularly sends recorded messages and letters to our tenants and families so that we can provide important updates and offer much needed support and reassurance during this difficult and challenging time. Please stay safe & enjoy the summer season!

*Cara Levine, Associate Director*



## August Trivia

August was named in honor of Augustus Caesar. It has 31 days because Augustus wanted as many days as Julius Caesar's month of July had!

Zodiac signs: **Leo & Virgo**  
Birthstone: **Peridot**  
Flower: **Glaiolus**

## **KITTAY TRAIN YOUR BRAIN** **BULLETIN BOARD**

On the Garden Level stop by the "Train Your Brain" Bulletin Board to find Short Stories, Trivia, Coloring Pages, Crosswords, Word Search, Sudoku, and more! Keep your brain active and pick up copies that are available for all tenants.

# Month in Review

During this time of social distancing our tenants can continue to enjoy the garden where we offer an expansive walking path and ample seating. Please remember a face covering must be worn when in public areas. The weather has been warm and we encourage everyone to drink plenty of fluids, use sunscreen and show caution when going out in the heat.



Tenants can enjoy a variety of music during our strolling musical performances. Our entertainers will have your toes tapping, bodies swaying and maybe up dancing (with social distancing) to the beat! Put on your face covering and get ready for the music on your floor at Kittay!



Although we cannot yet resume our usual schedule of activity programs tenants can still enjoy interesting programs via conference calls or on unit programs where social distancing occurs. Consider Bingo, Exercise, Discussion & Reminiscing Programs as well as Spiritual & Religious Programs. Enjoy movies from the comfort of your apartment on Channel 3, our in-house TV station.



# Noticeboard



## Library Service

Our library remains open with a limit of 4 tenants at one time with social distancing. We have large and regular print materials for you to enjoy!

## Obtaining Emotional & Psychological Support

No one was emotionally prepared for the pandemic and everyone needs some support. You can connect with a psychologist by calling 212-851-8101/8100. Reach out to Psych Associates at your convenience. Calls are confidential.

## Hair Salon

Our Hair Salon has re-opened. Appointments must be scheduled in advance as only one tenant will be permitted in the salon at a time. Please call 347-418-4777 to schedule your

## Computer Room

Our tenant computer room remains open on the Garden Level for use by one tenant at a time.

## Chaplaincy Internship Program

We are most fortunate to have chaplaincy interns from the New Jewish Home connecting with our tenants this summer. These interns are calling tenants to offer their support and provide some wonderful programs twice a week via telephone group conference calls.

## Dining Room Service

We continue to deliver three meals a day to our tenants. Watch for our rolling snack and beverage carts and remember to stay hydrated during the warm weather!