

**ACTIVITY SHEET - WEEK OF 9/13 – 9/20/20**



**THE ACTIVITIES PHONE LINE IS CURRENTLY IN USE: 718-410-1447**

**MONDAY- FRIDAY**

- |   |                                  |                              |
|---|----------------------------------|------------------------------|
| <b>Morning Exercise and Stretch</b><br><i>Tune in every morning and stay active - right from your living room!</i>      | <b>Channel 3</b>                 | <b>11:00 AM</b>              |
| <b>Recreation Programs on Individual Floors</b><br>(Tenants can sit or stand in their apartment doorway to participate) |                                  | <b>See Schedule</b>          |
| <b>Daily Movie (see movie schedule)</b>   | <b>Channel 3</b>                 | <b>2:00 PM &amp; 7:00 PM</b> |
| <b>Recreation Groups (see schedule)</b>   | <b>Participate Via Telephone</b> | <b>3:00 PM</b>               |
| <b>Wednesday Concert Series (Sarah Brightman)</b>   | <b>Channel 3</b>                 | <b>4:00 PM</b>               |

**SATURDAY- SUNDAY**

- |  |                  |                              |
|--|------------------|------------------------------|
| <b>Morning Exercise and Stretch</b><br><i>Tune in every morning and stay active - right from your living room!</i> | <b>Channel 3</b> | <b>11:00 AM</b>              |
| <b>Daily Movie (see movie schedule)</b>  | <b>Channel 3</b> | <b>2:00 PM &amp; 7:00 PM</b> |

## **ON FLOOR RECREATION PROGRAMS:**

**THESE PROGRAMS WILL BE HELD ON INDIVIDUAL FLOORS -**

**OPEN TO TENANTS RESIDING ON THAT FLOOR**

**TENANTS WHO RESIDE ON THAT FLOOR CAN SIT OR STAND IN THEIR APARTMENT DOORWAY;**

**DANCING PERMITTED WITH SOCIAL DISTANCING**

<b>DAY</b>	<b>PROGRAM</b>	<b>FLOOR</b>	<b>TIME</b>
<b>SUNDAY (9/13)</b>	<b>GRANDPARENTS DAY STROLLING MUSICAL PERFORMANCE WITH DEAN BOHANA</b>	<b>ALL FLOORS</b>	<b>2-4 PM</b>
<b>MONDAY (9/14)</b>	<b>GENTLE STRETCH &amp; TRIVIA</b>	<b>7</b>	<b>11:30 AM</b>
<b>MONDAY (9/14)</b>	<b>STROLLING MUSICAL PERFORMANCE WITH CHRISTINA LEE</b>	<b>ALL FLOORS</b>	<b>2-4 PM</b>
<b>TUESDAY (9/15)</b>	<b>GENTLE STRETCH AND BINGO</b>	<b>5</b>	<b>11:30 AM</b>
<b>TUESDAY (9/15)</b>	<b>ROLLING CART – THIRST QUENCHING DRINKS &amp; SNACKS</b>	<b>ALL FLOORS</b>	<b>AFTERNOON</b>
<b>WEDNESDAY (9/16)</b>	<b>SING ALONG TO THE SOUNDS OF FRANK SINATRA</b>	<b>6</b>	<b>11:30 AM</b>
<b>WEDNESDAY (9/16)</b>	<b>BINGO GAMES</b>	<b>8</b>	<b>2:00 PM</b>
<b>WEDNESDAY (9/16)</b>	<b>SING &amp; DANCE TO MUSICAL MEMORIES</b>	<b>1</b>	<b>3:00 PM</b>
<b>THURSDAY (9/17)</b>	<b>BINGO &amp; TRIVIA CHALLENGE</b>	<b>3</b>	<b>11:30 AM</b>
<b>THURSDAY (9/17)</b>	<b>ROLLING CART – REFRESHING WATERMELON SLICES</b>	<b>ALL FLOORS</b>	<b>AFTERNOON</b>
<b>FRIDAY (9/18)</b>	<b>MUSIC &amp; CONVERSATION</b>	<b>2</b>	<b>11:00 AM</b>
<b>SUNDAY (9/20)</b>	<b>ROLLING CART – REFRESHING LIGHT DRINKS</b>	<b>ALL FLOORS</b>	<b>AFTERNOON</b>

**TELEPHONIC RECREATION PROGRAMS AT KITTAY: ALL PROGRAMS HELD AT 3PM**

**TO PARTICIPATE BY TELEPHONE CALL IN NUMBER: 701-802-5281- CODE: 3451360**

MONDAY (9/14)	SHARING SEPTEMBER MEMORIES (TOURAY)
TUESDAY (9/15)	HISPANIC HERITAGE MONTH DISCUSSION (TOURAY)
WEDNESDAY (9/16)	CHATTING WITH RABBI BOGIN
THURSDAY (9/17)	YOU BE THE JUDGE (RUTH)

**MOVIE SCHEDULE**

<b>DAY</b>	<b>TIME</b>	<b>MOVIE</b>
SUNDAY, SEPTEMBER 13	2PM	THE NASTY RABBIT
	7PM	ORANGE IS THE NEW BLACK: EPISODES 1-3
MONDAY, SEPTEMBER 14	2PM	THE STEAGLE
	7PM	BILLY BATHGATE
TUESDAY, SEPTEMBER 15	2PM	HAY FOOT
	7PM	HEAVEN CAN WAIT
WEDNESDAY, SEPTEMBER 16	2PM	WONDERS OF THE NATURAL PARKS: EPISODES 15-16
	7PM	LION
THURSDAY, SEPTEMBER 17	2PM	THE SENIORS
	7PM	THE LAST OF THE BLONDE BOMBSHELLS
FRIDAY, SEPTEMBER 18	2PM	ALL OVER TOWN
	7PM	MISSING PERSONS
SATURDAY, SEPTEMBER 19	2PM	HOGAN'S HEROES: EPISODES 10-11
	7PM	MR. MONK AND THE OTHER WOMAN
SUNDAY, SEPTEMBER 20	2PM	THE LODGER
	7PM	THE CROWN: EPISODES 1-3

**JEWISH HIGH HOLIDAYS- ROSH HASHANAH (HOLIDAY BEGINS SUNDOWN ON 9/18/20)**

SEE FLYER FOR INFORMATION ABOUT HIGH HOLIDAY SERVICES OUR TENANTS CAN VIRTUALLY ATTEND

FRIDAY (9/18)	3:30PM	ROSH HASHANAH SERVICE (WITH RABBI BOGIN AT SARAH NEUMAN CENTER)
SATURDAY (9/19)	11:00AM	ROSH HASHANAH SERVICE (WITH RABBI BOGIN AT SARAH NEUMAN CENTER)

**GARDEN LEVEL PATIO:** OPEN, WEATHER PERMITTING, WITH SOCIAL DISTANCING

**RECREATIONAL SUPPLIES:** ADULT COLORING/ART SUPPLIES, CROSSWORD/WORD SEARCH/SUDOKU PUZZLES ARE AVAILABLE IN THE LIBRARY OR ON THE NEW "TRAIN YOUR BRAIN" BULLETN BOARD LOCATED ON THE GARDEN LEVEL. TO REQUEST DELIVERY TO YOUR DOOR, PLEASE CALL 718-410-1416.

**LIBRARY & COMPUTER ROOM:** THESE ROOMS REMAIN OPEN & AVAILABLE WITH RESTRICTIONS ON OCCUPANCY

**SUNDRY SHOP:** MON. WED. & FRI. FROM 12PM TO 1:45PM, NOW SELLING HAND SANITZER!

**STAMPS:** SOLD IN THE SUNDRY SHOP

**NOTARY SERVICES:** CALL 718-410- 1420 TO SCHEDULE APPT. WITH MAJESCE SEA

**ELEVATOR USAGE:** EVERYONE MUST WEAR A FACE COVERING WHILE ON THE ELEVATOR. PLEASE LIMIT USAGE TO NO MORE THAN 4 PEOPLE PER ELEVATOR. LEAVE SUFFICIENT TIME, AS YOU MAY NEED TO WAIT FOR THE NEXT ELEVATOR.

**HAIR SALON OPEN** - SIGN UP ON THE 5<sup>TH</sup> FLOOR HAIR SALON DOOR TO REQUEST AN APPOINTMENT OR CALL 347-418-4777 TO REQUEST AN APPOINTMENT

**REMINDER:** TENANTS ARE ASKED TO WEAR MASKS/FACE COVERINGS WHEN LEAVING THEIR APARTMENTS & IN PUBLIC AREAS, INCLUDING ELEVATORS

TO REQUEST A WASHABLE MASK, PLEASE CALL 718-410-1388