

ACTIVITY SHEET - WEEK OF 9/27 – 10/4/20



THE ACTIVITIES PHONE LINE IS CURRENTLY IN USE: 718-410-1447

MONDAY- FRIDAY

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| Morning Exercise and Stretch
<i>Tune in every morning and stay active - right from your living room!</i> | Channel 3 | 11:00 AM |
| Recreation Programs on Individual Floors
(Tenants can sit or stand in their apartment doorway to participate) | | See Schedule |
| Daily Movie (see movie schedule) | Channel 3 | 2:00 PM & 7:00 PM |
| Recreation Groups (see schedule) | Participate Via Telephone | 3:00 PM |
| Wednesday Concert Series (Johnny Cash) | Channel 3 | 4:00 PM |

SATURDAY- SUNDAY

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| Morning Exercise and Stretch
<i>Tune in every morning and stay active - right from your living room!</i> | Channel 3 | 11:00 AM |
| Daily Movie (see movie schedule) | Channel 3 | 2:00 PM & 7:00 PM |

ON FLOOR RECREATION PROGRAMS:

THESE PROGRAMS WILL BE HELD ON INDIVIDUAL FLOORS -

OPEN TO TENANTS RESIDING ON THAT FLOOR

TENANTS WHO RESIDE ON THAT FLOOR CAN SIT OR STAND IN THEIR APARTMENT DOORWAY;

DANCING PERMITTED WITH SOCIAL DISTANCING

DAY	PROGRAM	FLOOR	TIME
SUNDAY (9/27)	ROLLING CART – ENJOY A REFRESHING DRINK	ALL FLOORS	AFTERNOON
MONDAY (9/28)	GENTLE STRETCH & BINGO	7	11:30 AM
MONDAY (9/28)	STROLLING MUSICAL PERFORMANCE WITH CHRISTINA LEE	ALL FLOORS	2-4 PM
TUESDAY (9/29)	GENTLE STRETCH AND BINGO	5	11:30 AM
TUESDAY (9/29)	CURRENT EVENTS	4	1:30 PM
TUESDAY (9/29)	ROLLING CART – LIGHT DRINK AND TASTY SNACK	ALL FLOORS	AFTERNOON
WEDNESDAY (9/30)	POSITIVE NEWS DISCUSSION	6	11:15 AM
WEDNESDAY (9/30)	GENTLE STRETCH & BINGO	8	2:00 PM
WEDNESDAY (9/30)	MUSICAL MASTERPIECES TO HONOR HISPANIC HERITAGE MONTH	1	3:00 PM
THURSDAY (10/1)	GENTLE STRETCH & BINGO GAMES	3	11:30 AM
THURSDAY (10/1)	CONVERSATION VISITS	9	1:30 PM
FRIDAY (10/2)	MUSICAL FAVORITES	2	11:00 AM
SUNDAY (10/4)	ROLLING CART – ENJOY A REFRESHING DRINK	ALL FLOORS	AFTERNOON

TELEPHONIC RECREATION PROGRAMS AT KITTAY: ALL PROGRAMS HELD AT 3PM

TO PARTICIPATE BY TELEPHONE CALL IN NUMBER: 701-802-5281- CODE: 3451360

TUESDAY (9/29)	HISPANIC HERITAGE MONTH DISCUSSION (TOURAY)
WEDNESDAY (9/30)	CHATTING WITH RABBI BOGIN
THURSDAY (10/1)	YOU BE THE JUDGE (RUTH)

MOVIE SCHEDULE

DAY	TIME	MOVIE
SUNDAY, SEPTEMBER 27	2PM	WONDERS OF THE NATIONAL PARKS: EPISODES 19, 20
	7PM	FREEDOM WRITERS
MONDAY, SEPTEMBER 28	2PM	SECOND CHORUS
	7PM	A LITTLE NIGHT MUSIC
TUESDAY, SEPTEMBER 29	2PM	THE ANIMAL KINGDOM
	7PM	ROMA
WEDNESDAY, SEPTEMBER 30	2PM	WONDERS OF THE NATIONAL PARKS: EPISODES 21, 22
	7PM	THE MOUSE THAT ROARED
THURSDAY, OCTOBER 1	2PM	HOAGEN'S HEROES: EPISODES 15,16
	7PM	THE CROWN: EPISODES 4-6
FRIDAY, OCTOBER 2	2PM	SABOTAGE
	7PM	MARY POPPINS RETURNS
SATURDAY, OCTOBER 3	2PM	THE INSPECTOR GENERAL
	7PM	ONE NIGHT WITH THE KING
SUNDAY, OCTOBER 4	2PM	WONDERS OF THE NATIONAL PARKS: EPISODES 23, 24
	7PM	STATE OF THE MAIN

GARDEN LEVEL PATIO: OPEN, WEATHER PERMITTING, WITH SOCIAL DISTANCING

RECREATIONAL SUPPLIES: ADULT COLORING/ART SUPPLIES, CROSSWORD/WORD SEARCH/SUDOKU PUZZLES ARE AVAILABLE IN THE LIBRARY OR ON THE NEW "TRAIN YOUR BRAIN" BULLETIN BOARD LOCATED ON THE GARDEN LEVEL. TO REQUEST DELIVERY TO YOUR DOOR, PLEASE CALL 718-410-1416.

LIBRARY & COMPUTER ROOM: THESE ROOMS REMAIN OPEN & AVAILABLE WITH RESTRICTIONS ON OCCUPANCY

SUNDRY SHOP: MON. WED. & FRI. FROM 12PM TO 1:45PM, NOW SELLING HAND SANITZER!

STAMPS: SOLD IN THE SUNDRY SHOP

NOTARY SERVICES: CALL 718-410- 1420 TO SCHEDULE APPT. WITH MAJESCE SEA

ELEVATOR USAGE: EVERYONE MUST WEAR A FACE COVERING WHILE ON THE ELEVATOR. PLEASE LIMIT USAGE TO NO MORE THAN 4 PEOPLE PER ELEVATOR. LEAVE SUFFICIENT TIME, AS YOU MAY NEED TO WAIT FOR THE NEXT ELEVATOR.

HAIR SALON OPEN - SIGN UP ON THE 5TH FLOOR HAIR SALON DOOR TO REQUEST AN APPOINTMENT OR CALL 347-418-4777 TO REQUEST AN APPOINTMENT

REMINDER: TENANTS ARE ASKED TO WEAR MASKS/FACE COVERINGS WHEN LEAVING THEIR APARTMENTS & IN PUBLIC AREAS, INCLUDING ELEVATORS

TO REQUEST A WASHABLE MASK, PLEASE CALL 718-410-1388