

ACTIVITY SHEET - WEEK OF 10/11/20 – 10/18/20



THE ACTIVITIES PHONE LINE IS CURRENTLY IN USE: 718-410-1447

MONDAY- FRIDAY

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|---|----------------------------------|------------------------------|
| Morning Exercise and Stretch
<i>Tune in every morning and stay active - right from your living room!</i> | Channel 3 | 11:00 AM |
| Recreation Programs on Individual Floors
(Tenants can sit or stand in their apartment doorway to participate) | | See Schedule |
| Daily Movie (see movie schedule) | Channel 3 | 2:00 PM & 7:00 PM |
| Recreation Groups (see schedule) | Participate Via Telephone | 3:00 PM |
| Wednesday Concert Series (Vocal Ease) | Channel 3 | 4:00 PM |

SATURDAY- SUNDAY

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| Morning Exercise and Stretch
<i>Tune in every morning and stay active - right from your living room!</i> | Channel 3 | 11:00 AM |
| Daily Movie (see movie schedule) | Channel 3 | 2:00 PM & 7:00 PM |

ON FLOOR RECREATION PROGRAMS:

THESE PROGRAMS WILL BE HELD ON INDIVIDUAL FLOORS -

OPEN TO TENANTS RESIDING ON THAT FLOOR

TENANTS WHO RESIDE ON THAT FLOOR CAN SIT OR STAND IN THEIR APARTMENT DOORWAY;

DANCING PERMITTED WITH SOCIAL DISTANCING

DAY	PROGRAM	FLOOR	TIME
SUNDAY (10/11)	STROLLING MUSICAL PERFORMANCE WITH DEAN BOHANA	ALL FLOORS	2-4 PM
MONDAY (10/12)	INDIGENOUS PEOPLES DAY & COLUMBUS DAY DISCUSSION	7	11:15 AM
MONDAY (10/12)	ROLLING CART – REFRESHING DRINKS & TREATS	ALL FLOORS	AFTERNOON
TUESDAY (10/13)	GENTLE STRETCH & BINGO	5	11:30 AM
TUESDAY (10/13)	“GOOD NEWS” CURRENT EVENTS	4	1:30 PM
TUESDAY (10/13)	STROLLING MUSICAL PERFORMANCE WITH CHRISTINA LEE	ALL FLOORS	2-4 PM
WEDNESDAY (10/14)	BINGO & CURRENT EVENTS	6	11:15 AM
WEDNESDAY (10/14)	GENTLE STRETCH & BINGO	8	2:00 PM
WEDNESDAY (10/14)	MUSICAL FAVORITES FOR SINGING & DANCING	1	3:00 PM
THURSDAY (10/15)	GENTLE STRETCH & BINGO GAMES	3	11:30 AM
THURSDAY (10/15)	CONVERSATION VISITS	9	1:30 PM
FRIDAY (10/16)	CHOOSE YOUR MUSICAL FAVORITES	2	11:00 AM

**** REMINDER: PLEASE REFER TO THE SEPARATE FLYER ON ADDITIONAL SMALL GROUP, LIVE PROGRAMS WHICH REQUIRE SOCIAL DISTANCING AND SIGNING UP IN ADVANCE.****

TELEPHONIC RECREATION PROGRAMS AT KITTAY: ALL PROGRAMS HELD AT 3PM

TO PARTICIPATE BY TELEPHONE CALL IN NUMBER: 701-802-5281- CODE: 3451360

MONDAY (10/12)	INDIGENOUS PEOPLES' DAY READING / DISCUSSION (TOURAY)
TUESDAY (10/13)	HALLOWEEN MEMORIES (TOURAY)
WEDNESDAY (10/14)	CHATTING WITH RABBI BOGIN
THURSDAY (10/15)	"YOU BE THE JUDGE" FUN DISCUSSION BASED ON REAL EVENTS (RUTH)

MOVIE SCHEDULE

DAY	TIME	MOVIE
SUNDAY, OCTOBER 11	2PM	THE SKIN GAME
	7PM	THE RUSSIANS ARE COMING
MONDAY, OCTOBER 12	2PM	MURDER SHE WROTE: EPISODE 1
	7PM	EMANUEL
TUESDAY, OCTOBER 13	2PM	THE SIN OF HAROLD DIDDENBOCK
	7PM	BRIAN BANKS
WEDNESDAY, OCTOBER 14	2PM	WONDERS OF THE NATIONAL PARKS: EPISODES 27, 28
	7PM	THE CROWN: EPISODES 9, 10
THURSDAY, OCTOBER 15	2PM	HOAGEN'S HEROES: EPISODES 19, 20
	7PM	ROMAN HOLIDAY
FRIDAY, OCTOBER 16	2PM	THE MAN WHO KNEW TOO MUCH
	7PM	ROBERTA
SATURDAY, OCTOBER 17	2PM	TOO MANY WOMEN
	7PM	MY BIG FAT GREEK WEDDING
SUNDAY, OCTOBER 18	2PM	WONDERS OF THE NATIONAL PARKS: EPISODES 29, 30
	7PM	THE CROWN (SEASON 2): EPISODES 1, 2

GARDEN LEVEL PATIO: OPEN, WEATHER PERMITTING, WITH SOCIAL DISTANCING

RECREATIONAL SUPPLIES: ADULT COLORING/ART SUPPLIES, CROSSWORD/WORD SEARCH/SUDOKU PUZZLES ARE AVAILABLE IN THE LIBRARY OR ON THE NEW "TRAIN YOUR BRAIN" BULLETIN BOARD LOCATED ON THE GARDEN LEVEL. TO REQUEST DELIVERY TO YOUR DOOR, PLEASE CALL 718-410-1416.

LIBRARY & COMPUTER ROOM: THESE ROOMS REMAIN OPEN & AVAILABLE WITH RESTRICTIONS ON OCCUPANCY

SUNDRY SHOP: MON. WED. & FRI. FROM 12PM TO 1:45PM, NOW SELLING HAND SANITZER!

STAMPS: SOLD IN THE SUNDRY SHOP

NOTARY SERVICES: CALL 718-410- 1420 TO SCHEDULE APPT. WITH MAJESCE SEA

ELEVATOR USAGE: EVERYONE MUST WEAR A FACE COVERING WHILE ON THE ELEVATOR. PLEASE LIMIT USAGE TO NO MORE THAN 4 PEOPLE PER ELEVATOR. LEAVE SUFFICIENT TIME, AS YOU MAY NEED TO WAIT FOR THE NEXT ELEVATOR.

HAIR SALON OPEN - SIGN UP ON THE 5TH FLOOR HAIR SALON DOOR TO REQUEST AN APPOINTMENT OR CALL 347-418-4777 TO REQUEST AN APPOINTMENT. **PLEASE SEE BULLETIN BOARD FOR DATES.**

REMINDER: TENANTS ARE ASKED TO WEAR MASKS/FACE COVERINGS WHEN LEAVING THEIR APARTMENTS & IN PUBLIC AREAS, INCLUDING ELEVATORS

TO REQUEST A WASHABLE MASK, PLEASE CALL 718-410-1388