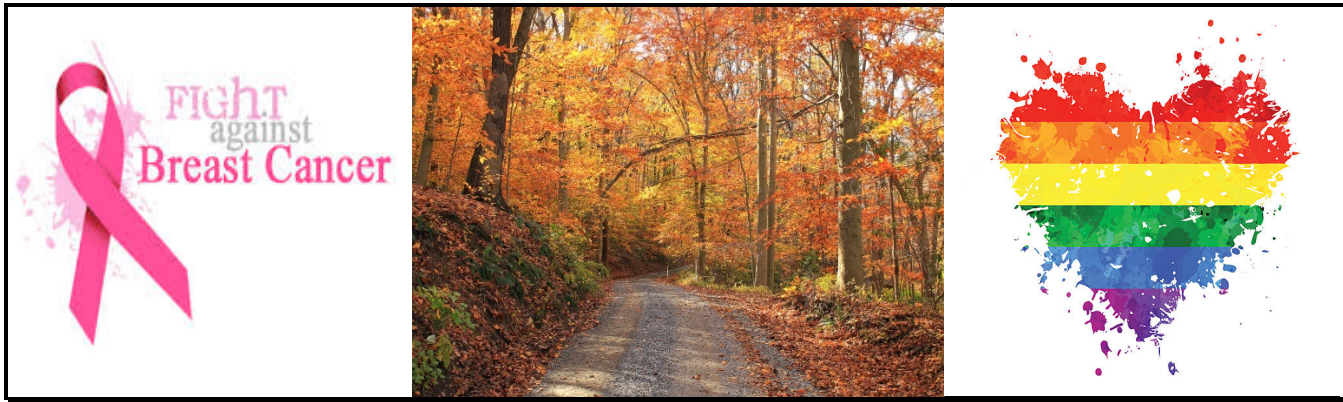


**ACTIVITY SHEET - WEEK OF 10/18/20 – 10/25/20**



**MONDAY- FRIDAY**

<b>Morning Exercise and Stretch</b> <i>Tune in every morning and stay active - right from your living room!</i>	<b>Channel 3</b>	<b>11:00 AM</b>
<b>Recreation Programs on Individual Floors</b> (Tenants can sit or stand in their apartment doorway to participate)		<b>See Schedule</b>
<b>Daily Movie (see movie schedule)</b>	<b>Channel 3</b>	<b>2:00 PM &amp; 7:00 PM</b>
<b>Recreation Groups (see schedule)</b>	<b>Participate Via Telephone</b>	<b>3:00 PM</b>
<b>Wednesday Concert Series (Ray Charles)</b>	<b>Channel 3</b>	<b>4:00 PM</b>

**SATURDAY- SUNDAY**

<b>Morning Exercise and Stretch</b> <i>Tune in every morning and stay active - right from your living room!</i>	<b>Channel 3</b>	<b>11:00 AM</b>
<b>Daily Movie (see movie schedule)</b>	<b>Channel 3</b>	<b>2:00 PM &amp; 7:00 PM</b>

## **ON FLOOR RECREATION PROGRAMS:**

**THESE PROGRAMS WILL BE HELD ON INDIVIDUAL FLOORS -**

**OPEN TO TENANTS RESIDING ON THAT FLOOR**

**TENANTS WHO RESIDE ON THAT FLOOR CAN SIT OR STAND IN THEIR APARTMENT DOORWAY;**

**DANCING PERMITTED WITH SOCIAL DISTANCING**

DAY	PROGRAM	FLOOR	TIME
MONDAY (10/19)	ARTS & CRAFTS WORKSHOP (Sign Up In Advance)	GARDEN OR FOX AUD.	10:30 – 11:15 AM
MONDAY (10/19)	GENTLE STRETCH & BINGO	7	11:15 AM
MONDAY (10/19)	ROLLING CART – REFRESHING DRINKS & TREATS	ALL FLOORS	AFTERNOON
TUESDAY (10/20)	POETRY SHARING (Sign Up In Advance)	GARDEN OR FOX AUD.	11:00 AM
TUESDAY (10/20)	GENTLE STRETCH & BINGO	5	11:30 AM
TUESDAY (10/20)	STROLLING MUSICAL PERFORMANCE WITH CHRISTINA LEE	2, 4, 6, 8, 10	2-4 PM
WEDNESDAY (10/21)	OPEN ART SUDIOS (Sign Up In Advance)	GARDEN OR FOX AUD.	9:30-10:15 or 10:30-11:15
WEDNESDAY (10/21)	BINGO & CURRENT EVENTS	6	11:15 AM
WEDNESDAY (10/21)	GENTLE STRETCH & BINGO	8	2:00 PM
WEDNESDAY (10/21)	YOUR MUSICAL FAVORITES FOR SINGING & DANCING	1	3:00 PM
THURSDAY (10/22)	GENTLE STRETCH & BINGO GAMES	3	11:30 AM
THURSDAY (10/22)	CONVERSATION VISITS	9	1:30 PM
THURSDAY (10/22)	EXERCISE WITH LENORE (Sign Up In Advance)	GARDEN OR FOX AUD.	2:00 PM
THURSDAY (10/22)	STROLLING MUSICAL PRFORMANCE WITH JULIO ROSALY	ALL FLOORS	2-4 PM
FRIDAY (10/23)	OPEN ART STUDIOS (Sign Up In Advance)	GARDEN OR FOX AUD.	9:30-10:15 or 10:30-11:15
FRIDAY (10/23)	CHOOSE YOUR MUSICAL FAVORITES	2	11:30 AM

**\*\* REMINDER: SMALL GROUP, IN PERSON PROGRAMS REQUIRE SIGNING UP IN ADVANCE (CALL 718-410-1420),**

**SOCIAL DISTANCING AND ARE LIMITED TO A MAXIMUM OF 6 PEOPLE.\*\***

**TELEPHONIC RECREATION PROGRAMS AT KITTAY: ALL PROGRAMS HELD AT 3PM**

**TO PARTICIPATE BY TELEPHONE CALL IN NUMBER: 701-802-5281- CODE: 3451360**

<b>MONDAY (10/19)</b>	<b>BREAST CANCER AWARENESS READING AND DISCUSSION (TOURAY)</b>
<b>WEDNESDAY (10/21)</b>	<b>CHATTING WITH RABBI BOGIN</b>
<b>THURSDAY (10/22)</b>	<b>“YOU BE THE JUDGE” FUN DISCUSSION BASED ON REAL EVENTS (RUTH)</b>

**MOVIE SCHEDULE**

<b>DAY</b>	<b>TIME</b>	<b>MOVIE</b>
<b>SUNDAY, OCTOBER 18</b>	<b>2PM</b>	<b>WONDERS OF THE NATIONAL PARKS: EPISODES 29, 30</b>
	<b>7PM</b>	<b>THE CROWN (SEASON 2): EPISODES 1, 2</b>
<b>MONDAY, OCTOBER 19</b>	<b>2PM</b>	<b>HOAGEN’S HEROES: EPISODES 21, 22</b>
	<b>7PM</b>	<b>EVENING STAR</b>
<b>TUESDAY, OCTOBER 20</b>	<b>2PM</b>	<b>MISBEHAVING HUSBANDS</b>
	<b>7PM</b>	<b>FALLING IN LOVE</b>
<b>WEDNESDAY, OCTOBER 21</b>	<b>2PM</b>	<b>MURDER, SHE WROTE (DEADLY LADY)</b>
	<b>7PM</b>	<b>KNOWING</b>
<b>THURSDAY, OCTOBER 22</b>	<b>2PM</b>	<b>WONDERS OF THE NATIONAL PARKS: EPISODES 31, 32</b>
	<b>7PM</b>	<b>THE CROWN (SEASON 2): EPISODES 3, 4</b>
<b>FRIDAY, OCTOBER 23</b>	<b>2PM</b>	<b>FLYING WILD</b>
	<b>7PM</b>	<b>SINGING IN THE RAIN</b>
<b>SATURDAY, OCTOBER 24</b>	<b>2PM</b>	<b>HOAGEN’S HEROES: EPISODES 23, 24</b>
	<b>7PM</b>	<b>MR. MOTO’S LAST WARNING</b>
<b>SUNDAY, OCTOBER 25</b>	<b>2PM</b>	<b>WONDERS OF THE NATIONAL PARKS: EPISODES 33, 34</b>
	<b>7PM</b>	<b>THE BRIDGE OF SAN LUIS REY</b>

**GARDEN LEVEL PATIO:** OPEN, WEATHER PERMITTING, WITH SOCIAL DISTANCING

**RECREATIONAL SUPPLIES:** ADULT COLORING/ART SUPPLIES, CROSSWORD/WORD SEARCH/SUDOKU PUZZLES ARE AVAILABLE IN THE LIBRARY OR ON THE NEW "TRAIN YOUR BRAIN" BULLETIN BOARD LOCATED ON THE GARDEN LEVEL. TO REQUEST DELIVERY TO YOUR DOOR, PLEASE CALL 718-410-1416.

**LIBRARY & COMPUTER ROOM:** THESE ROOMS REMAIN OPEN & AVAILABLE WITH RESTRICTIONS ON OCCUPANCY

**SUNDRY SHOP:** MON. WED. & FRI. FROM 12PM TO 1:45PM, NOW SELLING HAND SANITZER!

**STAMPS:** SOLD IN THE SUNDRY SHOP

**NOTARY SERVICES:** CALL 718-410- 1420 TO SCHEDULE APPT. WITH MAJESCE SEA

**ELEVATOR USAGE:** EVERYONE MUST WEAR A FACE COVERING WHILE ON THE ELEVATOR. PLEASE LIMIT USAGE TO NO MORE THAN 4 PEOPLE PER ELEVATOR. LEAVE SUFFICIENT TIME, AS YOU MAY NEED TO WAIT FOR THE NEXT ELEVATOR.

**HAIR SALON OPEN** - SIGN UP ON THE 5<sup>TH</sup> FLOOR HAIR SALON DOOR TO REQUEST AN APPOINTMENT OR CALL 347-418-4777 TO REQUEST AN APPOINTMENT. **PLEASE SEE BULLETIN BOARD FOR DATES.**

**REMINDER:** TENANTS ARE ASKED TO WEAR MASKS/FACE COVERINGS WHEN LEAVING THEIR APARTMENTS & IN PUBLIC AREAS, INCLUDING ELEVATORS

**TO REQUEST A WASHABLE MASK, PLEASE CALL 718-410-1388**