

ACTIVITY SHEET - WEEK OF 11/29/20 – 12/6/20



MONDAY- FRIDAY

Morning Exercise and Stretch <i>Tune in every morning and stay active - right from your living room!</i>	Channel 3	11:00 AM
Recreation Programs on Individual Floors (Tenants can sit or stand in their apartment doorway to participate)		See Schedule
Daily Movie (see movie schedule)	Channel 3	2:00 PM & 7:00 PM
Recreation Groups (see schedule)	Participate Via Telephone	3:00 PM
Wednesday Concert Series (Duke Ellington)	Channel 3	4:00 PM

SATURDAY- SUNDAY

Morning Exercise and Stretch <i>Tune in every morning and stay active - right from your living room!</i>	Channel 3	11:00 AM
Daily Movie (see movie schedule)	Channel 3	2:00 PM & 7:00 PM

RECREATION PROGRAMS:

THESE PROGRAMS WILL BE HELD ON INDIVIDUAL FLOORS - OPEN TO TENANTS RESIDING ON THAT FLOOR

TENANTS WHO RESIDE ON THAT FLOOR CAN SIT OR STAND IN THEIR APARTMENT DOORWAY

(DANCING PERMITTED WITH SOCIAL DISTANCING)

OR IN SMALL, OFF-FLOOR GROUPS (SEE BELOW)

DAY	PROGRAM	FLOOR	TIME
MONDAY (11/30)	GENTLE STRETCH & MIXED BINGO GAMES	7	11:30 AM
MONDAY (11/30)	ROLLING CART WITH REFRESHING LIGHT DRINKS	ALL FLOORS	AFTERNOON
TUESDAY (12/1)	GENTLE STRETCH & "THIS OR THAT" GAME	5	11:30 AM
TUESDAY (12/1)	KITTAY CHOIR REHEARSAL WITH CHRISTINA (Sign Up In Advance)	FOX AUDITORIUM	2:00 – 2:45 PM or 3:00 – 3:45 PM
WEDNESDAY (12/2)	OPEN ART STUDIOS (Sign Up In Advance)	GARDEN OR FOX AUDITORIUM	9:30-10:15 AM or 10:30-11:15 AM
WEDNESDAY (12/2)	GENTLE STRETCH & "THIS OR THAT" GAME	6	11:30 AM
WEDNESDAY (12/2)	GENTLE STRETCH & BINGO	8	2:00 PM
THURSDAY (12/3)	GENTLE STRETCH AND MIXED BINGO GAMES	3	11:30 AM
THURSDAY (12/3)	CHOOSE YOUR MUSICAL FAVORITES	4	2:00 PM
FRIDAY (12/4)	OPEN ART STUDIOS (Sign Up In Advance)	GARDEN OR FOX AUDITORIUM	9:30-10:15 AM or 10:30-11:15 AM
FRIDAY (12/4)	GENTLE STRETCH AND "THIS OR THAT" GAME	2	11:30 AM
FRIDAY (12/4)	CONVERSATION VISITS	9	2:00 PM

**** REMINDER: SMALL GROUP, OFF FLOOR PROGRAMS REQUIRE SIGNING UP IN ADVANCE (CALL 718-410-1420),**

SOCIAL DISTANCING AND ARE LIMITED TO A MAXIMUM OF 8 PEOPLE.**

TELEPHONIC RECREATION PROGRAMS AT KITTAY: ALL PROGRAMS HELD AT 3PM

TO PARTICIPATE BY TELEPHONE CALL IN NUMBER: 701-802-5281- CODE: 3451360

MONDAY (11/30)	“YOU BE THE JUDGE” FUN DISCUSSION BASED ON REAL EVENTS (CARA)
THURSDAY (12/3)	DECEMBER REMINISCING (RUTH)
SHABBAT SERVICE FRIDAY, DECEMBER 4TH ZOOM MEETING ID: 441 375 7064 IF BY PHONE: #646-558-8656 MEETING ID: 441 375 7064	

MOVIE SCHEDULE

DAY	TIME	MOVIE
SUNDAY, NOVEMBER 29	2PM	THE GREAT TOURS – GREECE AND TURKEY: EPS 17, 18
	7PM	TO HAVE AND HAVE NOT
MONDAY, NOVEMBER 30	2PM	STRANGER THINGS: EPISODE 3
	7PM	SECOND HAND LIONS
TUESDAY, DECEMBER 1	2PM	MURDER SHE WROTE: EPISODE 11
	7PM	SECOND CHORUS
WEDNESDAY, DECEMBER 2	2PM	THE GREAT TOURS – GREECE AND TURKEY: EPS 19, 20
	7PM	THE BOLSHOI BALLET: SWAN LAKE
THURSDAY, DECEMBER 3	2PM	SCENIC WALKS OF THE WORLD: EPISODE 3
	7PM	THE NOTEBOOK
FRIDAY, DECEMBER 4	2PM	MURDER SHE WROTE: EPISODE 12
	7PM	MOULIN ROUGE
SATURDAY, DECEMBER 5	2PM	STRANGER THINGS: EPISODE 4
	7PM	BELL, BOOK AND CANDLE
SUNDAY, DECEMBER 6	2PM	THE GREAT TOURS – GREECE AND TURKEY EPS 21, 22
	7PM	MIRACLE ON 34 TH STREET

GARDEN LEVEL PATIO: OPEN, WEATHER PERMITTING, WITH SOCIAL DISTANCING

RECREATIONAL SUPPLIES: ADULT COLORING/ART SUPPLIES, CROSSWORD/WORD SEARCH/SUDOKU PUZZLES ARE AVAILABLE IN THE LIBRARY OR ON THE NEW "TRAIN YOUR BRAIN" BULLETIN BOARD LOCATED ON THE GARDEN LEVEL. TO REQUEST DELIVERY TO YOUR DOOR, PLEASE CALL 718-410-1416.

LIBRARY & COMPUTER ROOM: THESE ROOMS REMAIN OPEN & AVAILABLE WITH RESTRICTIONS ON OCCUPANCY

SUNDRY SHOP: MON. WED. & FRI. FROM 12PM TO 1:45PM, NOW SELLING HAND SANITZER!

STAMPS: SOLD IN THE SUNDRY SHOP

NOTARY SERVICES: CALL 718-410- 1420 TO SCHEDULE APPT. WITH MAJESCE SEA

ELEVATOR USAGE: EVERYONE MUST WEAR A FACE COVERING WHILE ON THE ELEVATOR. PLEASE LIMIT USAGE TO NO MORE THAN 4 PEOPLE PER ELEVATOR. LEAVE SUFFICIENT TIME, AS YOU MAY NEED TO WAIT FOR THE NEXT ELEVATOR.

HAIR SALON OPEN - SIGN UP ON THE 5TH FLOOR HAIR SALON DOOR TO REQUEST AN APPOINTMENT OR CALL 347-418-4777 TO REQUEST AN APPOINTMENT. **PLEASE SEE BULLETIN BOARD FOR DATES.**

REMINDER: TENANTS ARE ASKED TO WEAR MASKS/FACE COVERINGS WHEN LEAVING THEIR APARTMENTS & IN PUBLIC AREAS, INCLUDING ELEVATORS

TO REQUEST A WASHABLE MASK, PLEASE CALL 718-410-1388