

ACTIVITY SHEET - WEEK OF 1/3/21 – 1/10/21



MONDAY- FRIDAY

Morning Exercise and Stretch <i>Tune in every morning and stay active - right from your living room!</i>	Channel 3	11:00 AM
Recreation Programs on Individual Floors (Tenants can sit or stand in their apartment doorway to participate)		See Schedule
Daily Movie (see movie schedule)	Channel 3	2:00 PM & 7:00 PM
Recreation Groups (see schedule)	Participate Via Telephone	3:00 PM
Wednesday Concert Series (Barry Manilow)	Channel 3	4:00 PM

SATURDAY- SUNDAY

Morning Exercise and Stretch <i>Tune in every morning and stay active - right from your living room!</i>	Channel 3	11:00 AM
Daily Movie (see movie schedule)	Channel 3	2:00 PM & 7:00 PM

RECREATION PROGRAMS:

THESE PROGRAMS WILL BE HELD ON INDIVIDUAL FLOORS - OPEN TO TENANTS RESIDING ON THAT FLOOR

TENANTS WHO RESIDE ON THAT FLOOR CAN SIT OR STAND IN THEIR APARTMENT DOORWAY

(DANCING PERMITTED WITH SOCIAL DISTANCING) OR IN SMALL, OFF-FLOOR GROUPS (SEE BELOW)

DAY	PROGRAM	FLOOR	TIME
SUNDAY (1/3)	ROLLING CART WITH DELICIOUS DRINKS	ALL FLOORS	AFTERNOON
MONDAY (1/4)	GENTLE STRETCH & MIXED BINGO GAMES	5	11:15 AM
MONDAY (1/4)	SELECT YOUR MUSICAL FAVORITES	4	2:00 PM
TUESDAY (1/5)	GENTLE STRETCH & TRIVIA CHALLENGE	2	11:30 AM
TUESDAY (1/5)	GENTLE STRETCH & MIXED BINGO GAMES	7	2:00 PM
TUESDAY (1/5)	KITTAY CHOIR REHEARSAL WITH CHRISTINA (Sign Up In Advance)	FOX AUDITORIUM	2:00 – 2:45 PM or 3:00 – 3:45 PM
WEDNESDAY (1/6)	OPEN ART STUDIOS WITH VICTORIA (Sign Up In Advance)	FOX AUDITORIUM	9:30-10:15 AM or 10:30-11:15 AM
WEDNESDAY (1/6)	GENTLE STRETCH & MIXED BINGO GAMES	6	11:30 AM
WEDNESDAY (1/6)	GENTLE STRETCH & MIXED BINGO GAMES	8	2:00 PM
THURSDAY (1/7)	GENTLE STRETCH & MIXED BINGO GAMES	3	11:30 AM
THURSDAY (1/7)	STROLLNG MUSIC WITH CHRISTINA LEE	2, 4, 6, 8, 10	AFTERNOON
FRIDAY (1/8)	OPEN ART STUDIOS WITH VICTORIA (Sign Up In Advance)	FOX AUDITORIUM	9:30-10:15 AM or 10:30-11:15 AM
FRIDAY (1/8)	CELEBRATE ELVIS PRESLEY'S BIRTHDAY WITH THE MOVIE: BLUE HAWAII	FOX AUDITORIUM	2:30 PM

**** REMINDER: SMALL GROUP, OFF FLOOR PROGRAMS REQUIRE SIGNING UP IN ADVANCE (CALL 718-410-1420),**

SOCIAL DISTANCING AND ARE LIMITED TO A MAXIMUM OF 8 PEOPLE.**

TELEPHONIC RECREATION PROGRAMS AT KITTAY: ALL PROGRAMS HELD AT 3PM

TO PARTICIPATE BY TELEPHONE CALL IN NUMBER: 701-802-5281- CODE: 3451360

MONDAY (1/4)	“YOU BE THE JUDGE” FUN DISCUSSION BASED ON REAL EVENTS (CARA)
TUESDAY (1/5)	JANUARY REFLECTIONS AND DISCUSSION (RUTH)
SHABBAT SERVICE FRIDAY, JANUARY 8th AT 3:30 PM ZOOM MEETING ID: 441 375 7064 IF BY PHONE: #646-558-8656 MEETING ID: 441 375 7064	

MOVIE SCHEDULE

DAY	TIME	MOVIE
SUNDAY, JANUARY 3	2PM	THE OTHER SIDE OF HISTORY: EPISODES 13, 14
	7PM	GROUNDHOG DAY
MONDAY, JANUARY 4	2PM	I LOVE LUCY: EPISODES 1 – 3
	7PM	THE CROWN: SEASON 3
TUESDAY, JANUARY 5	2PM	MR. MONK MEETS DALE THE WHALE
	7PM	THE CROWN: SEASON 3
WEDNESDAY, JANUARY 6	2PM	THE OTHER SIDE OF HISTORY: EPISODES 15, 16
	7PM	ALEXANDER’S RAGTIME BAND
THURSDAY, JANUARY 7	2PM	MURDER SHE WROTE: EPISODE 18
	7PM	MEET THE PARENTS
FRIDAY, JANUARY 8	2PM	I LOVE LUCY: EPISODES 4 – 6
	7PM	THE BEATLES: YELLOW SUBMARINE
SATURDAY, JANUARY 9	2PM	THE OTHER SIDE OF HISTORY: EPISODES 17, 18
	7PM	TREASURE OF YANKEE ZEPHYR
SUNDAY, JANUARY 10	2PM	HIGH ANXIETY
	7PM	ANNIE

PLEASE BE AVAILABLE FOR ON FLOOR MEAL DELIVERIES:

BREAKFAST:	8:00 AM - 9:30 AM
LUNCH:	11:30 AM – 1:30 PM
DINNER:	4:30 PM – 6:00 PM

GARDEN LEVEL PATIO: OPEN, WEATHER PERMITTING, WITH SOCIAL DISTANCING

RECREATIONAL SUPPLIES: ADULT COLORING/ART SUPPLIES, CROSSWORD/WORD SEARCH/SUDOKU PUZZLES ARE AVAILABLE IN THE LIBRARY OR ON THE NEW “TRAIN YOUR BRAIN” BULLETIN BOARD LOCATED ON THE GARDEN LEVEL. TO REQUEST DELIVERY TO YOUR DOOR, PLEASE CALL 718-410-1416.

LIBRARY & COMPUTER ROOM: THESE ROOMS REMAIN OPEN & AVAILABLE WITH RESTRICTIONS ON OCCUPANCY

SUNDRY SHOP: MON. WED. & FRI. FROM 12PM TO 1:45PM, NOW SELLING HAND SANITZER!

STAMPS: SOLD IN THE SUNDRY SHOP

NOTARY SERVICES: CALL 718-410- 1420 TO SCHEDULE APPT. WITH MAJESCE SEA

ELEVATOR USAGE: EVERYONE MUST WEAR A FACE COVERING WHILE ON THE ELEVATOR. PLEASE LIMIT USAGE TO NO MORE THAN 4 PEOPLE PER ELEVATOR. LEAVE SUFFICIENT TIME, AS YOU MAY NEED TO WAIT FOR THE NEXT ELEVATOR.

HAIR SALON OPEN - SIGN UP ON THE 5TH FLOOR HAIR SALON DOOR TO REQUEST AN APPOINTMENT OR CALL 347-418-4777 TO REQUEST AN APPOINTMENT. **PLEASE SEE BULLETIN BOARD FOR DATES.**

REMINDER: TENANTS ARE ASKED TO WEAR MASKS/FACE COVERINGS WHEN LEAVING THEIR APARTMENTS & IN PUBLIC AREAS, INCLUDING ELEVATORS

TO REQUEST A WASHABLE MASK, PLEASE CALL 718-410-1388