

RECREATIONAL ACTIVITY SHEET - WEEK OF 2/21/21 – 2/28/21



MONDAY- FRIDAY

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| Morning Exercise and Stretch
<i>Tune in every morning and stay active - right from your living room!</i> | Channel 3 | 11:00 AM |
| Recreation Programs on Individual Floors
(Tenants can sit or stand in their apartment doorway to participate) | | See Schedule |
| Daily Movie (see movie schedule) | Channel 3 | 7:00 PM |
| Wednesday Concert Series (Nat King Cole) | Channel 3 | 4:00 PM |

SATURDAY- SUNDAY

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| Morning Exercise and Stretch
<i>Tune in every morning and stay active - right from your living room!</i> | Channel 3 | 11:00 AM |
| Daily Movie (see movie schedule) | Channel 3 | 7:00 PM |

RECREATION PROGRAMS:**THESE PROGRAMS WILL BE HELD ON INDIVIDUAL FLOORS - OPEN TO TENANTS RESIDING ON THAT FLOOR****TENANTS WHO RESIDE ON THAT FLOOR CAN SIT OR STAND IN THEIR APARTMENT DOORWAY****(DANCING PERMITTED WITH SOCIAL DISTANCING) OR IN SMALL, OFF-FLOOR GROUPS (SEE BELOW)**

<u>DAY</u>	<u>PROGRAM</u>	<u>FLOOR</u>	<u>TIME</u>
MONDAY (2/22)	GENTLE STRETCH & TRIVIA CHALLENGE	5	11:15 AM
MONDAY (2/22)	GENTLE STRETCH & MIXED BINGO GAMES	8	2:00 PM
MONDAY (2/22)	MOVIE: <i>MALCOLM X (PART 1)</i> (Sign Up In Advance)	FOX AUDITORIUM	2:30 PM
TUESDAY (2/23)	GENTLE STRETCH & TRIVIA CHALLENGE	2	11:30 AM
TUESDAY (2/16)	KITTAY CHOIR REHEARSAL WITH CHRISTINA (Sign Up In Advance)	FOX AUDITORIUM	2:00 – 2:45 PM <u>or</u> 3:00 – 3:45 PM
TUESDAY (2/23)	GENTLE STRETCH & MIXED BINGO GAMES	7	2:00 PM
TUESDAY (2/23)	SELECT YOUR MUSICAL FAVORITES OR BINGO	4	3:00 PM
WEDNESDAY (2/24)	OPEN ART STUDIO WITH VICTORIA (Sign Up In Advance)	FOX AUDITORIUM	9:30-10:15 AM <u>or</u> 10:30-11:15 AM
WEDNESDAY (2/24)	GENTLE STRETCH & MIXED BINGO GAMES	6	11:30 AM
WEDNESDAY (2/24)	MOVEMENT / EXERCISE GROUP WITH RUTH (Sign Up In Advance)	FOX AUDITORIUM	2:00 – 2:45 PM <u>or</u> 3:00 – 3:45 PM
THURSDAY (2/25)	GENTLE STRETCH & MIXED BINGO GAMES	3	11:30 AM
THURSDAY (2/25)	STROLLING MUSICAL PERFORMANCE WITH DEAN BOHANA	ALL FLOORS	2:00 – 4:00 PM
THURSDAY (2/25)	MOVIE: <i>MALCOLM X (PART 2)</i> (Sign Up In Advance)	FOX AUDITORIUM	2:30 PM
FRIDAY (2/26)	OPEN ART STUDIO WITH VICTORIA (Sign Up In Advance)	FOX AUDITORIUM	9:30-10:15 AM <u>or</u> 10:30-11:15 AM
FRIDAY (2/26)	GENTLE STRETCH & HOLIDAY BINGO GAMES	10	11:30 AM
FRIDAY (2/26)	PURIM ROLLING CART WITH HAMANTASHEN	ALL FLOORS	AFTERNOON

*** REMINDER: SMALL GROUP, OFF FLOOR PROGRAMS REQUIRE SIGNING UP IN ADVANCE (CALL 718-410-1420),**

SOCIAL DISTANCING AND ARE LIMITED TO A MAXIMUM OF 10 PEOPLE.**

TWO SHABBAT SERVICES: FRIDAY, FEBRUARY 26TH AT 3:30 PM AND 4:15 PM

ZOOM MEETING ID: 441 375 7064

IF BY PHONE: #646-558-8656 MEETING ID: 441 375 7064

MOVIE SCHEDULE

DAY	TIME	MOVIE
SUNDAY, FEBRUARY 21	7PM	JANE EYRE
MONDAY, FEBRUARY 22	7PM	THE HONEYMOONERS: EPISODES 1 – 3
TUESDAY, FEBRUARY 23	7PM	GUESS WHO'S COMING TO DINNER?
WEDNESDAY, FEBRUARY 24	7PM	SMOKE SIGNALS
THURSDAY, FEBRUARY 25	7PM	I LOVE LUCY: EPISODES 19 – 21
FRIDAY, FEBRUARY 26	7PM	BREAKFAST AT TIFFANY'S
SATURDAY, FEBRUARY 27	7PM	THE DECADE YOU WERE BORN IN
SUNDAY, FEBRUARY 28	7PM	THE JACK BENNY SHOW

PLEASE BE AVAILABLE FOR ON FLOOR MEAL DELIVERIES:

BREAKFAST:	8:00 AM - 9:30 AM
LUNCH:	11:30 AM – 1:30 PM
DINNER:	4:30 PM – 6:00 PM

GARDEN LEVEL PATIO: OPEN, WEATHER PERMITTING, WITH SOCIAL DISTANCING

RECREATIONAL SUPPLIES: ADULT COLORING/ART SUPPLIES, CROSSWORD/WORD SEARCH/SUDOKU PUZZLES ARE AVAILABLE IN THE LIBRARY OR ON THE NEW “TRAIN YOUR BRAIN” BULLETIN BOARD LOCATED ON THE GARDEN LEVEL. TO REQUEST DELIVERY TO YOUR DOOR, PLEASE CALL 718-410-1416.

LIBRARY & COMPUTER ROOM: THESE ROOMS REMAIN OPEN & AVAILABLE WITH RESTRICTIONS ON OCCUPANCY

SUNDRY SHOP: MON. WED. & FRI. FROM 12PM TO 2:00 PM, NOW SELLING HAND SANITZER!

STAMPS: SOLD IN THE SUNDRY SHOP

NOTARY SERVICES: CALL 718-410- 1420 TO SCHEDULE APPT. WITH MAJESCE SEA

ELEVATOR USAGE: EVERYONE MUST WEAR A FACE COVERING WHILE ON THE ELEVATOR. PLEASE LIMIT USAGE TO NO MORE THAN 4 PEOPLE PER ELEVATOR. LEAVE SUFFICIENT TIME, AS YOU MAY NEED TO WAIT FOR THE NEXT ELEVATOR.

HAIR SALON OPEN - SIGN UP ON THE 5TH FLOOR HAIR SALON DOOR TO REQUEST AN APPOINTMENT OR CALL 347-418-4777 TO REQUEST AN APPOINTMENT. **PLEASE SEE BULLETIN BOARD FOR DATES.**

REMINDER: TENANTS ARE ASKED TO WEAR MASKS/FACE COVERINGS WHEN LEAVING THEIR APARTMENTS & IN PUBLIC AREAS, INCLUDING ELEVATORS

TO REQUEST A WASHABLE MASK, PLEASE CALL 718-410-1388