

**RECREATIONAL ACTIVITY SHEET - WEEK OF 3/7/21 – 3/14/21**



**MONDAY- FRIDAY**

<b>Morning Exercise and Stretch</b> <i>Tune in every morning and stay active - right from your living room!</i>	<b>Channel 3</b>	<b>11:00 AM</b>
<b>Recreation Programs on Individual Floors</b> (Tenants can sit or stand in their apartment doorway to participate)		<b>See Schedule</b>
<b>Daily Movie (see movie schedule)</b>	<b>Channel 3</b>	<b>7:00 PM</b>
<b>Wednesday Concert Series (The 3 Tenors)</b>	<b>Channel 3</b>	<b>4:00 PM</b>

**SATURDAY- SUNDAY**

<b>Morning Exercise and Stretch</b> <i>Tune in every morning and stay active - right from your living room!</i>	<b>Channel 3</b>	<b>11:00 AM</b>
<b>Daily Movie (see movie schedule)</b>	<b>Channel 3</b>	<b>7:00 PM</b>

**RECREATION PROGRAMS:****THESE PROGRAMS WILL BE HELD ON INDIVIDUAL FLOORS - OPEN TO TENANTS RESIDING ON THAT FLOOR****TENANTS WHO RESIDE ON THAT FLOOR CAN SIT OR STAND IN THEIR APARTMENT DOORWAY****(DANCING PERMITTED WITH SOCIAL DISTANCING) OR IN SMALL, OFF-FLOOR GROUPS (SEE BELOW)**

<u>DAY</u>	<u>PROGRAM</u>	<u>FLOOR</u>	<u>TIME</u>
MONDAY (3/8)	MIXED BINGO GAMES (Sign Up In Advance)	FOX AUDITORIUM	11:00 AM
MONDAY (3/8)	GENTLE STRETCH & TRIVIA CHALLENGE	5	11:15 AM
MONDAY (3/8)	GENTLE STRETCH & MIXED BINGO GAMES	8	2:00 PM
MONDAY (3/8)	SELECT YOUR MUSICAL FAVORITES & BINGO	4	3:00 PM
MONDAY (3/8)	MONDAY MOVIE: <i>HIDDEN FIGURES</i> (Sign Up In Advance)	FOX AUDITORIUM	2:30 PM
TUESDAY (3/9)	PLAY READING (Sign Up In Advance)	FOX AUDITORIUM	11:00 AM
TUESDAY (3/9)	GENTLE STRETCH & TRIVIA CHALLENGE	2	11:30 AM
TUESDAY (3/9)	KITTAY CHOIR REHEARSAL WITH CHRISTINA (Sign Up In Advance)	FOX AUDITORIUM	2:00 – 2:45 PM <u>or</u> 3:00 – 3:45 PM
TUESDAY (3/9)	GENTLE STRETCH & MIXED BINGO GAMES	7	2:00 PM
WEDNESDAY (3/10)	OPEN ART STUDIO WITH VICTORIA (Sign Up In Advance)	FOX AUDITORIUM	9:30 – 11:30 AM
WEDNESDAY (3/10)	GENTLE STRETCH & MIXED BINGO GAMES	6	11:30 AM
WEDNESDAY (3/10)	MOVEMENT / EXERCISE GROUP WITH RUTH (Sign Up In Advance)	FOX AUDITORIUM	2:00 – 2:45 PM <u>or</u> 3:00 – 3:45 PM
THURSDAY (3/11)	SING-A-LONG TO POPULAR SONGS	FOX AUDITORIUM	11:00 AM
THURSDAY (3/11)	GENTLE STRETCH & MIXED BINGO GAMES	3	11:30 AM
THURSDAY (3/11)	MIXED BINGO GAMES (Sign Up In Advance)	FOX AUDITORIUM	2:30 PM
THURSDAY (3/11)	ROLLING CART WITH A BEVERAGE & SNACKS	ALL FLOORS	AFTERNOON
THURSDAY (3/11)	SELECT YOUR MUSICAL FAVORITES	11	4:00 PM
FRIDAY (3/12)	OPEN ART STUDIO WITH VICTORIA (Sign Up In Advance)	FOX AUDITORIUM	9:30 – 11:30 AM
FRIDAY (3/12)	GENTLE STRETCH & MIXED BINGO GAMES	10	11:30 AM
FRIDAY (3/12)	MOVIE: <i>JULIE AND JULIA</i> (Sign Up In Advance)	FOX AUDITORIUM	2:30 PM

**REMINDER: SMALL GROUP, OFF FLOOR PROGRAMS REQUIRE SIGNING UP IN ADVANCE (CALL 718-410-1420),**

**SOCIAL DISTANCING AND ARE LIMITED TO A MAXIMUM OF 10 PEOPLE.\*\***

**NYC TRANSIT ACCESS-A-RIDE INFORMATION CALL: TUESDAY, MARCH 9<sup>TH</sup> AT 3:00 PM**

**CALL IN NUMBER: 701-802-5281 CODE 3451360**

**SHABBAT SERVICE: FRIDAY, MARCH 12<sup>TH</sup> AT 3:30 PM**

**ZOOM MEETING ID: 441 375 7064**

**IF BY PHONE: #646-558-8656 MEETING ID: 441 375 7064**

**MOVIE SCHEDULE**

<b>DAY</b>	<b>TIME</b>	<b>MOVIE</b>
<b>SUNDAY, MARCH 7</b>	<b>7PM</b>	<b>ROYAL WEDDING</b>
<b>MONDAY, MARCH 8</b>	<b>7PM</b>	<b>LITTLE WOMEN</b>
<b>TUESDAY, MARCH 9</b>	<b>7PM</b>	<b>MAYA ANGELOU: AND STILL I RISE</b>
<b>WEDNESDAY, MARCH 10</b>	<b>7PM</b>	<b>MASTERPIECE: THE CHAPERONE</b>
<b>THURSDAY, MARCH 11</b>	<b>7PM</b>	<b>I LOVE LUCY: EPISODES 25 – 27</b>
<b>FRIDAY, MARCH 12</b>	<b>7PM</b>	<b>JOSEPH AND THE AMAZING TECHNICOLOR DREAM COAT</b>
<b>SATURDAY, MARCH 13</b>	<b>7PM</b>	<b>'TIL THE CLOUDS ROLL BY</b>
<b>SUNDAY, MARCH 14</b>	<b>7PM</b>	<b>ROAD TO BALI</b>

**PLEASE BE AVAILABLE FOR ON FLOOR MEAL DELIVERIES:**

<b>BREAKFAST:</b>	<b>8:00 AM - 9:30 AM</b>
<b>LUNCH:</b>	<b>11:30 AM – 1:30 PM</b>
<b>DINNER:</b>	<b>4:30 PM – 6:00 PM</b>

**GARDEN LEVEL PATIO:** OPEN, WEATHER PERMITTING, WITH SOCIAL DISTANCING

**RECREATIONAL SUPPLIES:** ADULT COLORING/ART SUPPLIES, CROSSWORD/WORD SEARCH/SUDOKU PUZZLES ARE AVAILABLE IN THE LIBRARY OR ON THE NEW “TRAIN YOUR BRAIN” BULLETIN BOARD LOCATED ON THE GARDEN LEVEL. TO REQUEST DELIVERY TO YOUR DOOR, PLEASE CALL 718-410-1416.

**LIBRARY & COMPUTER ROOM:** THESE ROOMS REMAIN OPEN & AVAILABLE WITH RESTRICTIONS ON OCCUPANCY

**SUNDRY SHOP:** MON. WED. & FRI. FROM 12PM TO 2:00 PM, NOW SELLING HAND SANITZER!

**STAMPS:** SOLD IN THE SUNDRY SHOP

**NOTARY SERVICES:** CALL 718-410- 1420 TO SCHEDULE APPT. WITH MAJESCE SEA

**ELEVATOR USAGE:** EVERYONE MUST WEAR A FACE COVERING WHILE ON THE ELEVATOR. PLEASE LIMIT USAGE TO NO MORE THAN 4 PEOPLE PER ELEVATOR. LEAVE SUFFICIENT TIME, AS YOU MAY NEED TO WAIT FOR THE NEXT ELEVATOR.

**HAIR SALON OPEN** - SIGN UP ON THE 5<sup>TH</sup> FLOOR HAIR SALON DOOR TO REQUEST AN APPOINTMENT OR CALL 347-418-4777 TO REQUEST AN APPOINTMENT. **PLEASE SEE BULLETIN BOARD FOR DATES.**

**REMINDER:** TENANTS ARE ASKED TO WEAR MASKS/FACE COVERINGS WHEN LEAVING THEIR APARTMENTS & IN PUBLIC AREAS, INCLUDING ELEVATORS

**TO REQUEST A WASHABLE MASK, PLEASE CALL 718-410-1388**