



AUGUST, 2021

Kittay Senior Apartments Activities & Special Events

Sundry Shop Open Monday, Wednesday & Friday 12 – 2 pm
 Postage Sale Stamps sold in the Sundry Shop
 Beauty Salon August 10th & 24th (Call 347-418-4777 for Appointment)
 Activity Line Call (718) 410-1447 For Daily Menu & Activity Updates

MONDAY: 2, 9, 16, 23, 30

Catholic Mass	Fox Auditorium	9:15 AM
Cooking Club w/ Ava	A&C Room and Bubbie's Kitchen	10:00 AM
Monday Trips (Sign Up On GL Bulletin Board)		
2 – Target and Banks (Chase, Bank of America, Citi Bank, Apple)	Depart 10:00 am	Return approx. Noon
9 – ShopRite in Yonkers	Depart 10:00 am	Return approx. Noon
16 - Target and Banks (Chase, Bank of America, Citi Bank, Apple)	Depart 10:00 am	Return approx. Noon
23 – ShopRite in Yonkers	Depart 10:00 am	Return approx. Noon
30 - Riverside Park	Depart 10:00 am	Return approx. Noon
16 - Veterans Meeting	Garden Café	11:00 AM
Morning Exercise and Stretch	Channel 3	11:00 AM
Musical Requests	GL Lounge	11:15 AM
Nurturing Life Group w/ Mark Seem	Garden Café	1:30 PM
Variety Bingo Games w/ Kimberly	Fox Auditorium	2:30 PM

TUESDAY: 3, 10, 17, 24, 31

Yoga for Strength and Flexibility w/ David	Fox Auditorium	11:00 AM
Morning Exercise and Stretch	Channel 3	11:00 AM
Kittay Choir Rehearsal w/ Christina	Fox Auditorium	2:00 PM
3, 10, 17, 24 - Musical Variety Hour w/ Christina	Fox Auditorium	3:00 PM
31 – “Open Mic” w/ Christina	Fox Auditorium	3:00 PM

WEDNESDAY: 4, 11, 18, 25

Catholic Mass	Fox Auditorium	9:15 AM
Fine Art Studio w/ Victoria	Arts & Crafts Room	9:30 AM
11 – Pet Visit with Joseph and “Biscuit”	Fox Auditorium	10:30 AM
Morning Exercise and Stretch	Channel 3	11:00 AM
4 – Caption Call Low Hearing Presentation	Garden Level Lounge	11:30 AM
4 – “Law & Order” (Courtroom Dramatization) w/ Aytan Adler	Garden Café	1:30 PM
Dance Movement Exercise w/ Ruth	Fox Auditorium	2:30 PM
4, 18, 25 - Sing A-Long w/ Kimberly	Fox Auditorium	3:30 PM
11 – Senior Safety & Crime Prevention Presentation with NYPD Officer Ricky Acosta	Fox Auditorium	3:30 PM

THURSDAY: 5, 12, 19, 26

Catholic Mass	Fox Auditorium	9:15 AM
Morning Exercise and Stretch	Channel 3	11:00 AM
19 – Elder Law Presentation with Attorney Lauren Nea (Accountable Aging: Preparing for the Elder Years) – Families/Caregivers Can Connect Via Zoom	Fox Auditorium	11:00 AM
8, 22 – Gardening Club	Garden Café & Garden	1:30 PM
Thursday Afternoon At The Movies 5 - <i>Damn Yankees</i> (1958); 12 – <i>Bridge of Spies</i> (2015); 19 – <i>Breathe</i> (2017)	Fox Auditorium or Rec Room	2:00 PM
Stretch, Strengthen & Move! w/ Lenore	GL Lounge or Garden	2:00 PM
26 - August Tenant Birthday Party!	Fox Auditorium	2:00 PM
5 – Tenant Food Service Committee Meeting	Fox Auditorium	3:00 PM
Musical Requests	GL Lounge	3:30 PM
5 – Kittay House Readers Group	Garden Café	7:00 PM

FRIDAY: 6, 13, 20, 27

Catholic Mass	Fox Auditorium	9:15 AM
Fine Art Studio w/ Victoria	Arts & Crafts Room	9:30 AM
Morning Exercise and Stretch	Channel 3	11:00 AM
6 – August Ice Cream Social!	Fox Auditorium	2:00 PM
13, 20, 27 - Play Reading w/ Kimberly	Garden Café	2:00 PM
13, 20, 27 - Trivia Challenge w/ Ruth	Fox Auditorium	2:00 PM
Kabbalat Shabbat Service w/ Naomi	Fox Auditorium	3:30 PM

SATURDAY: 7, 14, 21, 28

Chess Club w/ Allan	Recreation Room	10:00 AM
Morning Exercise and Stretch	Channel 3	11:00 AM
7, 21, 28 – “Musical Masterworks” w/ Dan Pincus	Fox Auditorium	2:15 PM
14 – Classical Pianist I-Heung Lee	Fox Auditorium	2:30 PM
7, 28 - Catholic Mass	Fox Auditorium	4:00 PM

SUNDAY: 1, 8, 15, 22, 29

Morning Exercise and Stretch	Channel 3	11:00 AM
15, 22 – Catholic Mass	Fox Auditorium	11:15 AM
1 – Singer / Guitarist Julio Rosaly	Fox Auditorium	2:30 PM
8 – Singer / Pianist Christina Lee	Fox Auditorium	2:30 PM
15 - NY Opera Forum (“Ariadne Auf Naxos” by Richard Strauss)	Fox Auditorium	2:30 PM
22 – Singer / Instrumentalist Jeffrey Folmer	Fox Auditorium	2:00 PM
29 – “Together In Harmony” Youth Musicians	Fox Auditorium (via Zoom)	2:30 PM

Garden Level Patio: Open, Weather Permitting, With Social Distancing

Recreational Supplies: Adult Coloring/Art Supplies, Crossword/Word Search/Sudoku Puzzles
Are Available in the Library or on the “Train Your Brain” Bulletin Board located on the Garden Level. To request delivery to your door, please call (718) 410-1416.

Library & Computer Room: These rooms remain open & available with restrictions on occupancy.

Notary Services: Call (718) 410-1420 to schedule an appointment with Majesce Sea.

Elevator Usage: EVERYONE MUST WEAR A FACE COVERING WHILE ON THE ELEVATOR.
PLEASE LIMIT USAGE TO NO MORE THAN 4 PEOPLE PER ELEVATOR. LEAVE SUFFICIENT TIME,
AS YOU MAY NEED TO WAIT FOR THE NEXT ELEVATOR.

REMINDER: TENANTS ARE ASKED TO WEAR MASKS/FACE COVERINGS WHEN LEAVING THEIR APARTMENTS & IN ALL PUBLIC AREAS, INCLUDING ELEVATORS. TO REQUEST A WASHABLE MASK, PLEASE CALL (718) 410-1388.