

THE NEW JEWISH HOME



WE ARE PLEASED TO ANNOUNCE THAT WE ARE OPEN ADULT DAY HEALTH CARE

The New Jewish Home is thrilled to reopen its Adult Day Health Care Program in Manhattan! All Adult Day Health Care Programs throughout New York State were required to close during the height of the COVID-19 pandemic. With infection control protocols and mask wearing in place, we are now reopened and able to offer all services, wonderful programming and nutritious meals that our clients enjoy most!

Give us a call today to get more information.

The New Jewish Home's Adult Day Health Care program offers medical and therapeutic services in a welcoming and inviting setting. Whether you need help managing chronic health conditions, assistance with personal care, rehabilitation or social activities with peers, our expert and compassionate staff are there for you.

HEALTH CARE AND SOCIAL SERVICES

Our program is designed for the care, comfort and convenience of older and younger adults with health conditions. Services include:

- Skilled nursing care and wound care
- Physical, occupational and speech therapy
- Medication management and health education
- Assessment by a Registered Nurse with an on-going individualized care plan tailored to each client's needs and abilities
- Health monitoring
- Social work services
- Assistance with personal needs and activities of daily life
- Nutritional counseling and two nutritious and healthy meals a day
- Recreational therapy with social activities including painting classes, board games, theme parties, discussion groups and trips (COVID-19 permitting)
- Transportation coordinated at no additional cost when covered by client's insurance plan

LOCATION

140 West 106th Street
New York, NY 10025

HOURS OF OPERATION

Monday to Friday
9:30 a.m.–2:30 p.m

CONTACT US

646.276.5910
AdultDayHealthCare@
JewishHome.org

SPECIALIZED PROGRAMS

REHABILITATION: Improve mobility, strength and function and maintain your independence by working with our physical, occupational and speech therapists.

BODY/MIND WELLNESS: We offer a nurturing and supportive environment for people who have medical conditions combined with depression and anxiety. Group sessions teach skills such as relaxation, problem-solving and managing the activities of daily living.

DIABETES MANAGEMENT: Our program provides health monitoring for people with diabetes as well as peer support and training in self-care with a focus on meal planning, medication management and exercise.

