



JANUARY, 2022

KITTAY SENIOR APARTMENTS

Activities & Special Events

Sundry Shop Open Monday, Wednesday & Friday 12 – 2 pm
 Postage Sale Stamps sold in the Sundry Shop
 Beauty Salon Jan. 11th & 25th (Call 347-418-4777 for Appointments)

MONDAY: 3, 10, 17, 24, 31

Catholic Mass	Fox Auditorium	9:15 AM
Fine Arts Studio w/ Victoria	Arts & Crafts Room	9:30 AM
Monday Trips (Sign Up On GL Bulletin Board)		
3 – Banks	Depart 10:00 am; Return Approximately Noon	
10 - ShopRite	Depart 10:00 am; Return Approximately Noon	
24 - Target	Depart 10:00 am; Return Approximately Noon	
31 – ShopRite	Depart 10:00 am; Return Approximately Noon	
Technology Tips & “Meditate Together” w/ Ava	Fox Auditorium	10:30 AM
Morning Exercise and Stretch	Channel 3	11:00 AM
Musical Requests w/ Ruth	GL Lounge	11:15 AM
Variety Bingo Games	Fox Auditorium	2:30 PM

TUESDAY: 4, 11, 18, 25

Yoga for Strength and Flexibility w/ David	Fox Auditorium	11:00 AM
Morning Exercise and Stretch	Channel 3	11:00 AM
25 – Pet Visit with Paige & “Cat”	Fox Auditorium	1:15 PM
Afternoon At The Movies	Fox Auditorium	2:00 PM (unless posted otherwise)
4 – <i>IT’S A WONDERFUL LIFE</i> (1946); 18 – <i>DR. MARTIN LUTHER KING: A HISTORICAL PERSPECTIVE</i> (1994) and <i>MARTIN LUTHER KING: I HAVE A DREAM</i> (1986); 25 – <i>JUDY</i> (2019)		
11 - January Birthday Party w/ Mesha (All Are Welcome)!	Fox Auditorium	2:00 PM

WEDNESDAY: 5, 12, 19, 26

Catholic Mass	Fox Auditorium	9:15 AM
Fine Art Studio w/ Victoria	Arts & Crafts Room	9:30 AM
Morning Exercise and Stretch	Channel 3	11:00 AM
Beading Class w/ Ava	Arts & Crafts Room	1:15 PM
5, 19, 26 – Kittay Choir Rehearsal w/ Ikuko	Fox Auditorium	1:30 PM
12 – Kittay Senior Apartments Tenant Organization Meeting	Fox Auditorium	2:00 PM
5, 19, 26 – Sing A Long (For All) w/ Ikuko	Fox Auditorium	2:30 PM
12 – Musical Requests w/ Ruth	Fox Auditorium	3:30 PM

THURSDAY: 6, 13, 20, 27

Catholic Mass	Fox Auditorium	9:15 AM
Morning Exercise and Stretch	Channel 3	11:00 AM
23 – “Law & Order” (Courtroom Dramatization) w/ Aytan Adler	Garden Café	1:00 PM
Stretch, Strengthen & Move! w/ Lenore	Fox Auditorium	2:00 PM
6, 20 - Low Vision Meeting	Arts & Crafts Room	2:00 PM
6, 20, 27 – Play Readings	Garden Café	3:30 PM
13 – Travel Presentation w/ Richard Grunebaum	Fox Auditorium	3:30 PM
6– Kittay House Readers Group	Garden Café	7:00 PM

FRIDAY: 7, 14, 21, 28

Catholic Mass	Fox Auditorium	9:15 AM
7 – Friday AM Yoga Class w/ Adrienne	Fox Auditorium (Zoom)	10:30 AM
Morning Exercise and Stretch	Channel 3	11:00 AM
14, 21, 28 – Trivia Challenge w/ Ruth	Fox Auditorium	11:00 AM
14 – Newcomer’s Welcome Meeting w/ Susan	Garden Café	11:00 AM
7 – Ice Cream Sundae Social	Fox Auditorium	2:00 PM
14, 21, 28 - Dance Movement Exercise w/ Ruth	Fox Auditorium	2:00 PM
Kabbalat Shabbat Service w/ Naomi	Fox Auditorium	3:30 PM

SATURDAY: 1, 8, 15, 22, 29

Chess Club w/ Allan	Recreation Room	10:00 AM
8, 15, 22, 29 – Introductory Spanish Class w/ Sr. Evie Vazquez	A&C Room	10:00 AM
Morning Exercise and Stretch	Channel 3	11:00 AM
1, 8, 15, 29 - “Saturday Salon” w/ Dan Pincus	Fox Auditorium	2:15 PM
22 – The Threshold Choir Performs	Fox Auditorium	2:00 PM

SUNDAY: 2, 9, 16, 23, 30

Morning Exercise and Stretch	Channel 3	11:00 AM
Catholic Mass	Fox Auditorium	11:15 AM
2 – Musician Richard Entertains	Fox Auditorium	2:30 PM
9 – Xylophonist Roman Lankios	Fox Auditorium	2:30 PM
16 – “Together In Harmony” Youth Musicians	Fox Auditorium (Zoom)	2:30 PM
23 – Singer/Guitarist James Dower	Fox Auditorium	2:30 PM
30 – The New York Opera Forum	Fox Auditorium	2:30 PM

Garden Level Patio: Open, Weather Permitting, With Social Distancing

Recreational Supplies: Adult Coloring/Art Supplies, Crossword/Word Search/Sudoku Puzzles Are Available in the Library or on the “Train Your Brain” Bulletin Board located on the Garden Level. To request delivery to your door, please call (718) 410-1416.

Library & Computer Room: These rooms remain open & available with restrictions on occupancy.

Notary Services: Call (718) 410-1420 to schedule an appointment with Majesce Sea.

Elevator Usage: EVERYONE MUST WEAR A FACE COVERING WHILE ON THE ELEVATOR. PLEASE LIMIT USAGE TO NO MORE THAN 4 PEOPLE PER ELEVATOR. LEAVE SUFFICIENT TIME, AS YOU MAY NEED TO WAIT FOR THE NEXT ELEVATOR.

REMINDER: TENANTS ARE ASKED TO WEAR MASKS/FACE COVERINGS WHEN LEAVING THEIR APARTMENTS & IN ALL PUBLIC AREAS, INCLUDING ELEVATORS. TO REQUEST A WASHABLE MASK, PLEASE CALL (718) 410-1388.