



THE NEW JEWISH HOME

AGE LIKE A NEW YORKER

The New Jewish Home, Manhattan, earned a rating of “high performing,” the highest possible assessment provided by *U.S. News & World Report* in 2021 for Short-Term Rehabilitation.



Call or email to schedule a tour:

(212) 870-4715

ManhattanSNF@JewishHome.org

MANHATTAN

120 West 106th Street

New York, New York 10025

[JewishHome.org](https://www.JewishHome.org)



THE NEW JEWISH HOME

CARDIAC REHABILITATION PROGRAM

in partnership with NYU Langone Health since 2013



The first Joint Commission accredited post-acute heart failure program in New York State. Accredited in 2017 and reaccredited in 2019 in 2022.

Our specialty Cardiac Rehabilitation unit, located on our Manhattan campus on the Upper West Side, helps cardiac patients recover and regain strength so they can return home. Operating in partnership with NYU Langone Health, our interdisciplinary program provides specialized in-patient rehabilitation for adults with heart failure and cardiac disease.

Patient Education

A key component of the program's success is patient education. The Heart Failure Program empowers patients, along with their families and caregivers, to be active participants in managing their health by:

- Recognizing when you need a doctor or emergency care provider
- Providing education regarding medication management
- Managing stress and mental health issues
- Designing and maintaining a heart-healthy diet and managing your weight
- Understanding routine tests and treatments



Rehabilitation Just for You

We design your individualized therapy plan and schedule around your unique cardiac needs. Our comprehensive services include:

- Designated cardiac unit
- Full-time NYU Langone Health Geriatrician
- NYU Langone Health Cardiologist and Psychiatrist
- Staff trained in Joint Commission heart failure pathways
- Latest diagnostic testing, including: EKG, X-ray, Echocardiogram (Echo)
- Full-time Physicians and Nurse Practitioners
- Telemetry-based rehabilitation
- Physical, Occupational and Speech Therapy, designed to optimize cardiac function and increase strength and endurance
- Jintronix interactive rehabilitation technology
- ReDS™ Vest technology available
- Respiratory Therapist
- Left Ventricular Assist Device (LVAD)
- LifeVest™, Inotropic Drip, IV Diuretics, Nasogastric Tube (NG tube)
- Tracheostomy
- Full-time dedicated Wound Care Nurse
- On-site Pharmacy and Blood Testing
- Individualized meal plan in consultation with dietitian and cardiac weight management
- Designated Hospitality Associate for rehabilitation patients

