



THE NEW JEWISH HOME

AGE LIKE A NEW YORKER

The New Jewish Home, Manhattan earned a rating of “high performing,” the highest possible assessment provided by *U.S. News & World Report* in 2021 for Short-Term Rehabilitation.



Call or email to schedule a tour:

(212) 870-4715

ManhattanSNF@JewishHome.org

MANHATTAN

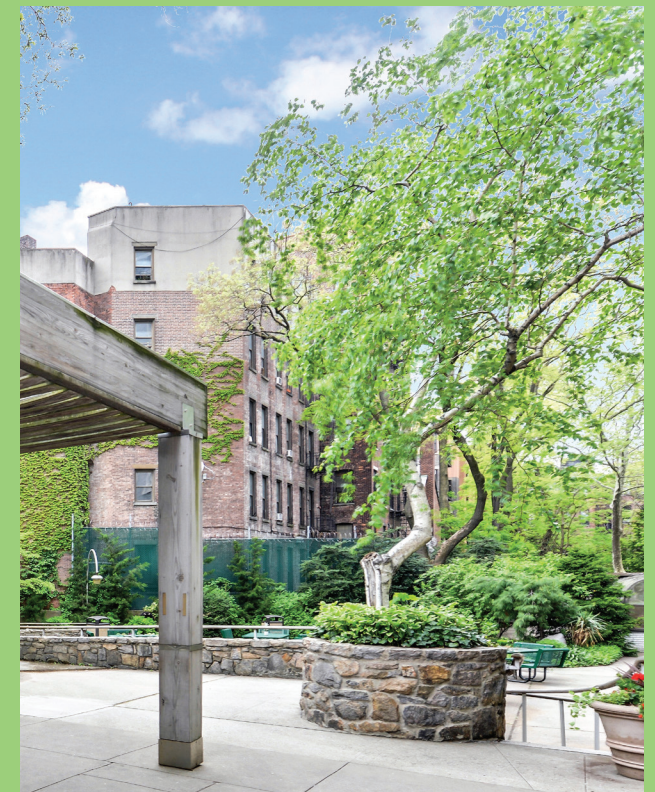
120 West 106th Street
New York, New York 10025

[JewishHome.org](https://www.JewishHome.org)



THE NEW JEWISH HOME

CARDIAC REHABILITATION PROGRAM



The first Joint Commission accredited post-acute heart failure program in New York State. Accredited in 2017 and reaccruited in 2019 and 2022.

Our specialty Cardiac Rehabilitation unit, located on our Manhattan campus on the Upper West Side, helps cardiac patients recover and regain strength so they can return home. This interdisciplinary program provides specialized in-patient rehabilitation for adults with heart failure and cardiac disease.

Patient Education

A key component of the program's success is patient education. The Heart Failure Program empowers patients, along with their families and caregivers, to be active participants in managing their health by:

- Recognizing when a doctor or emergency care provider is needed
- Providing education regarding medication management
- Managing stress and mental health issues
- Designing and maintaining a heart-healthy diet and weight management
- Understanding routine tests and treatments



Rehabilitation Just for You

We design your individualized therapy plan and schedule around your unique cardiac needs. Our comprehensive services include:

- Designated cardiac unit with a Cardiologist and Physiatrist
- Staff trained in Joint Commission heart failure pathways
- Latest diagnostic testing including: EKG, X-ray, Echocardiogram (Echo)
- Full-time Physicians and Nurse Practitioners
- Telemetry-based rehabilitation
- Physical, Occupational and Speech therapy, designed to optimize cardiac function and increase strength and endurance
- Jintronix interactive rehabilitation technology
- ReDs Vest technology available
- Respiratory Therapist
- Left Ventricular Assist Device (LVAD)
- LifeVest™, Inotropic Drip, IV Diuretics, Nasogastric Tube (NG tube)
- Tracheostomy
- Full-time dedicated Wound Care Nurse
- On-site Pharmacy and Blood Testing
- Individualized meal plan in consultation with dietitian and cardiac weight management
- Designated Hospitality Associate for rehabilitation patients

