



THE NEW JEWISH HOME

AGE LIKE A NEW YORKER

PROUD PARTNER
UJA Federation
NEW YORK



Give us a call today
to get more information.

646.276.5910

AdultDayHealthCare@JewishHome.org

140 West 106th Street

New York, NY 10025

JewishHome.org

Monday to Friday: 9:30 a.m.–2:30 p.m.

COMING SOON:

Monday to Friday: 2:30 p.m.–7:30 p.m.



THE NEW JEWISH HOME

ALL YOU NEED TO KNOW ABOUT OUR

ADULT DAY HEALTH CARE



The New Jewish Home's Adult Day Health Care program offers medical and therapeutic services, recreational programming and nutritious meals in a welcoming, inviting and safe setting.

We are following all COVID-19 infection control protocols including: temperature checks upon arrival, providing masks to the participants and ensuring social distancing.

Health Care and Social Services

Our program is designed to provide care, comfort and engagement to older and younger adults with chronic health conditions and/or developmental disabilities.

Services include:

- Skilled nursing care, wound care, medication management, health monitoring and education
- Physical, occupational, speech and massage therapy
- Social work services, case management and assistance with community services
- Assessment by a Registered Nurse with on-going individualized care plans
- Assistance with personal needs and activities of daily living
- Nutritional counseling and two healthy meals a day
- Recreational therapy with social activities including painting classes, board games, theme parties, discussion groups and trips throughout NYC
- Help with Medicaid applications and securing funding for clients to attend the program while their Medicaid application is processing
- COVID-19 vaccine and boosters available on-site
- Transportation coordinated at no additional cost when covered by client's insurance plan



Specialized Programs

REHABILITATION: Work with our physical, occupational and speech therapists to improve mobility, strength and functioning.

BODY/MIND WELLNESS: We offer a nurturing and supportive environment for people who have medical conditions combined with depression, anxiety and behavioral health challenges. Group sessions teach skills such as relaxation, problem-solving and managing the activities of daily living.

DIABETES MANAGEMENT: For clients with diabetes, we provide health monitoring, peer support and education focusing on meal planning, medication management and exercise.

ALZHEIMER'S & DEMENTIA SUPPORT: Specially trained staff care for clients with Alzheimer's and dementia in a safe environment. The program offers cognitively stimulating activities, aromatherapy, sensory games and music therapy.